ENOTHE
European Network of Occupational Therapy in Higher Education

ENOTHE General Assembly Participation and Voting Instructions

Dear valued ENOTHE member representative or individual member,

If you are receiving this message and are not the designated ENOTHE Representative, please forward it to the correct representative within your institution.

The **ENOTHE 34th General Assembly 2026** will take place in person at the 29th Annual Meeting in Toulouse, France.

It will be divided into two (2) parts:

- **Part 1** - Thursday October 22nd 2026, 8:30-9:30 (local time), Auditorium Saint-Exupéry: where presentation and discussion of established agenda points will take place;
- **Part 2** - Friday October 23rd, 2026 – 9:00-10:00 (local time), Auditorium Saint-Exupéry: where the discussions of the previous day will be summarized, and voting of proposed items will take place.

Please refer to the agenda for the 34th ENOTHE General Assembly meeting 2026 for detailed information regarding the points.

According to paragraph 9, article 8 of the ENOTHE Constitution *"All members are entitled to participate in the general assembly. Only the ordinary members are entitled to vote. Each member has one vote. Voting by proxy with a written consent granted to another member is admissible."*

To ensure that all ordinary members are able to complete their entitled vote, voting is completed via online tools, according to the established schedule in the General Assembly agenda. This guarantees opportunity and equity of membership rights, regardless of in-person attendance to the General Assembly.

In-person participation in the General Assembly does not require registration for the 2026 Annual Meeting. Please note, however, that participation in the Annual Meeting requires full payment of the registration fee.

If you, as your institution's designated ENOTHE Representative, are unable to attend the General Assembly in person, but another colleague from your institution will be attending and you wish to authorize them to vote on behalf of your institution, please appoint them as your proxy by completing the Voting by Proxy form:https://enothe.eu/2026-enothe-general-assembly-voting-by-proxy-information , until 19th October 2026, 17:00 CET . (This is the only way to ensure that your colleague is authorised to vote on your behalf during Part 2 of the General Assembly).

Voting, both in person in Toulouse and from your own home/workplace, will be supported using online tools. Therefore, you will need a personal device (e.g. smartphone, tablet) and access to the e-mail address registered for you as the ENOTHE representative of your institution. Please ensure you bring a suitable device and can access your email address in order to vote during Part 2 of the General Assembly (unless a proxy has been appointed via the Voting by Proxy form).

According to the Agenda, the voting items for the 2026 ENOTHE General Assembly, in the below order, will be:

- Approval of minutes: 32nd General Assembly, 33rd Extra-Ordinary General Assembly
- Discharge of board and office (budget year 2025-2026)
- Proposal for budget year 2026-2027
- ENOTHE Mission, Vision and Values proposal

If you have any question or would like to send a contact check email, please do so no later than October 19th 2026 to info@enothe.eu.

We look forward to meeting you in Toulouse at the General Assembly.

ENOTHE
Ergotherapie Austria,
Holzmeistergasse 7-9,
A- 1210 Vienna,
Austria

info@enothe.eu
www.enothe.eu

ENOTHE
European Network of Occupational Therapy in Higher Education

Agenda for the 34th ENOTHE General Assembly

Venue: Centre Congrés Pierre Baudis, Toulouse - France

President/Chairperson of the GA: Caroline Fischl (CF)
Board members: Giedre Sasnauskienė (GS), Jasu Forss (JS), Elena Gliki (EG), Katrin Pechstädt (KP), Annette Schüller (AS), Cristina Perdomo (CP), Angela Lumpert Palacios (Student Board Member [ALP])
Minute Taker and Office: Katrin Pechstädt (KP) and Marta Figueiredo (MF)
Auditors: Saskia Buschner (SB) and Christine Spevak-Grossi (CSG)

Send additional comments and/or agenda points and/or motions to the Board, via info@enothe.eu, by 19th October 2026, 17:00 CET.

Part 1 - Thursday October 22nd 2026, 8:30-9:30 (local time), Auditorium Saint-Exupéry
Presentation and Discussion

Items	Appendices
1. Opening of the General Assembly and Welcome	
2. Confirmation of quorum	
3. Approval of the agenda	
4. Presentation of annual reports	
4.1 Board report 2025-2026:	3
4.1.1 Strategic areas progress overview (includes ENOTHE Mission, Vision and Values)	
4.1.2 Member value and engagement	
4.1.3 Financial stewardship (includes Budget year 2025-2026)	4
4.1.4 Board composition and Governance activity	
4.1.5 Overall assessment and proposed direction:	
4.1.5.1 Draft Strategy 2026-2030	
4.1.5.2 Proposed budget 2026-2027	5
4.2 Auditors' report and statement for budget years 2025-2026 and 2026-2027	7
5. Additional agenda points submitted in writing at least three (3) days prior	
6. Adjournment	

Part 2 - Friday October 23rd, 2026 – 9:00-10:00 (local time), Auditorium Saint-Exupéry
Summary and Voting

Items	Appendices
1. Opening of the general assembly and welcome	
2. Confirmation of quorum	
3. Approval of the agenda	
4. Summary of Part 1	
5. Voting:	
5.1 Approval of minutes: 32nd General Assembly and Extraordinary 33rd Extra-Ordinary General Assembly	1, 2
5.2 Discharge of board and office for the budget year 2025-2026	
5.3 Proposed budget year 2026-2027	5
5.4 ENOTHE Mission, Vision and Values proposal	6
6. Invitation to the 30th ENOTHE Annual Meeting 2027	
7. Presentation of Open Calls 7.1. Host ENOTHE events 7.1.1 Board in-person meeting 2027, 2028, 2029 7.1.2 Representatives hybrid meeting 2027, 2028, 2029 7.1.3 Annual Meeting 2029 7.2 Expression of interest for ENOTHE working groups, based on the approved strategy 7.3 One (1) Board position opening next year (to be voted at GA 2027)	
8. Recognition of contributions	
9. Other business (for information only, no voting)	
10. Adjournment	

ENOTHE
European Network of Occupational Therapy in Higher Education

Minutes for the 32nd ENOTHE General Assembly

Venue: Hotel Vila Galé, Coimbra, Portugal

President/Chairperson of the GA: Caroline Fischl (CF)
Board members: Giedre Sasnauskienė (GS), Jasu Forss (JS), Elena Gliki (EG), Katrin Pechstädt (KP), Annette Schüller (AS), Angela Lumpert Palacios (Student Board Member [ALP])
Minute Taker and Office: Katrin Pechstädt (KP) and Marta Figueiredo (MF)
Auditors: Saskia Buschner (SB) and Annette Koppenborg (AK)

Send additional comments and/or agenda points and/or motions to the Board, via info@enothe.eu, by 19th October 2025, 17:00 CET.

Part 1 - Thursday October 23rd 2025, 18:15-19:15 (local time), Romeu room
Presentation and Discussion

Items	Appendices sent out to members prior to GA
1. Opening of the general assembly and welcome *CF opened the GA32 part 1 and welcomed everyone.*	
2. Confirmation of quorum *Quorum was confirmed; hence meeting proceeded.*	
3. Approval of the agenda *Agenda was presented. It was accepted and approved.*	
4. Presentation of annual reports	
4.1 Board report (strategic areas 1-4, membership)	3, 4
4.2 Financial reports	
4.2.1 Budget year 2024-2025	5
4.2.2 Proposal for budget year 2025-2026	6
4.3 Auditors' report and statement for budget years 2024-2025 and 2025-2026	7
4.4 Call: Task force on membership categories and fees	8
The full annual report was already made available to members prior to the GA. This presentation was presented by the board members. *Ad hoc questions/ comments by members:* *Q1: since July members are not to find on the website – Answer: due to GDPR (General data Protection regulation) website currently revised therefore not visible yet*	

Q2: Why start of History of ENOTHE in 2014 and not earlier on Website – Answer. 2017 ENOTHE became a legal organization and the website was established. Prior there was an office transfer for Copenhagen to York St.John – availability of documents before and in-between is scarce. *Q3: Membership: How many dropouts last year? Answer: 2* *Statement by member: network is important for EU values, provide resources, strategies and budget to flourish in the future to create a value-based network, important to invest money wisely*	
5. Strategic plan 2026-2030 – Brainstorming and discussion *Summary of discussion:* - *Brainstorming regarding this topic was planned by the Board* - *Comment from members: Time to short to do this activity now, preferred: Have more discussion time about this topic as it is very important to the future ENOTHE network* - *Consensus: no activity done in GA in regard to the topic* - *Question raised, if a task force could be established to involve members more in the creation of the new Strategic Plan and the MVV Statement*	9
6. Presentation of: **6.1 Board member renewal of term** – *presentation CF* **6.2 Board member nomination(s)** - *presentation of Cristina Perdomo Delgado* **6.3 Auditor renewal of term** – *presentation of SB* **6.4 Auditor nomination(s)** – *Christine Spevak-Grossi* *The named persons presented videos for open positions or renewal of term* **6.5 Honorary member nomination** *Marie-Antoinette Minis was presented as honorary member for this year* *All votings for these positions and honorary membership are scheduled for Part 2*	10
7. Additional agenda points submitted in writing at least three days prior **7.1 Motion to preserve the ENOTHE Annual Meeting as an inclusive, hosted, action and strategic-focused event — and to rescind the Board's unilateral decision to convert the Annual Meeting into a commercial "Congress"** *Motion was presented by Hanneke van Bruggen: aim was to keep the term "Annual meeting" as a more precise term to describe the networking character of ENOTHE Meetings* *CF presented Board reply to this motion* *Discussion:*	

- *Member engagement and participation in processes of ENOTHE meeting organization needed – e.g. hosting ENOTHE events/ meetings* - *Possibilities for further and more participation of members were discussed* 7.2 Organization of the ENOTHE's annual meetings/congresses *Discussion relocated to the next day due to lack of time*	
8. Adjournment *meeting closed at 20:18*	

Part 2 - Friday October 24th, 2025 – 18:15-19:15 (local time), Romeu room
Summary and Voting

Items	Appendices sent out to members prior to GA
1. Opening of the general assembly and welcome *CF opened the GA32 part 2 and welcomed everyone.*	
2. Confirmation of quorum *Quorum was confirmed, hence meeting proceeded.*	
3. Approval of the agenda *Agenda was presented. It was accepted and approved.*	

4. Summary of Part 1
 	
Discussion of 7.2 Organization of the ENOTHE's annual meetings/congresses (this motion was relocated from GA 32 part 1)
- *presentation of French ENOTHE members: questions raised about the selection of the location for AM 2026 (Toulouse) and how to handle such decisions in the future – involvement of national OT programmes/ organisations in the decision-making process*
- *Board explained decision-making process because no applications for hosts were received (open call for all members)*
- *Discussion:*
  ○ *Suggestion to rename yearly meeting "Annual Meeting" not "Congress"*
  ○ *Consensus to have the meeting as planned 2026 in Toulouse*
  ○ *Call to action for all members to apply for the open call 2027 to avoid such a situation in the future*
 	
Board reply to discussion of GA part 1 discussions:
- *Strategic Plan development: workshops will be planned to engage members more and have more discussions*
- *Extraordinary GA needed to extend the current Strategic Plan duration for 1 more year, because this topic was not on Agenda for today*	

5. Voting: **5.1 Minutes:** 30th General Assembly: voting outcome: *approve 42, do not approve 2 , abstain 4 = minutes approved* ; and Extraordinary 31st General Assembly – voting outcome: *approve 42, do not approve 2 , abstain 4 = minutes approved* **5.2 Discharge of board and office (budget year 2024-2025)**- voting outcome: *approve 44, do not approve 0, abstain 4 =* discharge approved **5.3 Proposal for budget year 2025-2026** - voting outcome: *approve 41, do not approve 0, abstain 7 =* proposed budget approved **5.4 Board member renewal of term** – voting outcome: *approve 37, do not approve 2, abstain 9* = Caroline Fischl re-elected as ENOTHE President **5.5 Board member nomination(s)** - voting outcome: *approve 44, do not approve 1, abstain 3* = Cristina Perdomo Delgado elected as Board member **5.6 Auditor renewal of term** – voting outcome: *approve 46, do not approve 1, abstain 1* = Saskia Buschner re-elected as auditor **5.7 Auditor nomination(s)** – voting outcome: *approve 47, do not approve 0, abstain 1* = Christine Spevak-Grossi elected as auditor **5.8 Honorary member nomination** – voting outcome: *approve 39, do not approve 2, abstain 7* = Marie-Antoinette Minis elected as Honorary Member of ENOTHE **5.9 Motions submitted in Part 1, item 7** – voting outcome: *approve 41, do not approve 5, abstain 2* = the annual meeting is going to continue to be named "Annual Meeting" instead of "Congress"	1, 2
6. Recognition of contributions *leaving SPOT members honoured for their contribution and work in SPOT:* • *Kira Hanßmann (President)* • *Aleyna Kayım (Events Coordinator)* • *Gaëlle Van Liefferinge (Blogger)* *first ENOTHE fellows were presented and honoured:* • *Debbie Kramer-Roy* • *Liliya Todorova* • *Linda Renton* *Elected honorary member (Marie-Antoinette Minis) official announcement and recognition*	
7. Invitation to the 1st ENOTHE Annual Meeting in Toulouse 2026	
8. Other business (for information only, no voting) - *nothing mentioned*	
9. Adjournment	

ENOTHE
European Network of Occupational Therapy in Higher Education

Minutes for the Extraordinary ENOTHE General Assembly Meeting of 12 May 2026, 08:30CET

Venue: @Zoom

Chairperson of the GA: Giedre Sasnauskienė (GS)

Board members attending: Elena Gliki (EG), Katrin Pechstädt (KP), Annette Schüller (AS), Cristina Perdomo Delgado (CPD), Angela Lumpert Palacios (Student Board Member [ALP])

Board members excused: Jasu Forss (JS), Caroline Fischl (CF)

Minute Taker and Office: Katrin Pechstädt (KP) and Marta Figueiredo (MF)

Auditors: Saskia Buschner (SB) and Christine Spevak-Grossi (CSG)

Presentation, Discussion and Voting of established agenda points

Items	Appendices sent out to members via e-mail
1. Opening of the GA and Welcome *GS opened the EO GA and welcomed everyone*	
2. Confirmation of quorum *Quorum was confirmed by GS* *Question from the audience: When is a quorum given hence the low number of members attending? - Answer: defined by the constitution of ENTOHE is given "...irrespective of the number of persons participating." (§9 (9)) and because of this the meeting proceeded.*	
3. Approval of the Agenda *Agenda was presented. It was accepted and approved.*	
4. Motion for extension of the ENOTHE Strategy plan 2021-2025 for one more year (i.e., ENOTHE Strategy plan 2021-2026) *Based on the October 23rd 2025 General Assembly discussion regarding the undergoing and decided future activities related with the development of ENOTHE's Mission, Vision and Values and of the correlated Strategy Plan, it was then collectively decided to hold and Extra-Ordinary General Assembly to vote for the extension of the ENOTHE Strategy plan 2021-2025 for one (1) more year.*	Appendix 1 - ENOTHE Strategy plan 2021-2025 Appendix 2 - Motion
5. Voting on motion	

*Extension of the ENOTHE Strategy plan 2021-2025 for one more year (i.e., ENOTHE Strategy plan 2021-2026) was up to vote; results (I Agree **28**/I Disagree **0**/I Abstain **0**)* *Therefore: agreement to extend ENOTHE Strategy*	
6. Information on OT Europe and 2028 Congress organisation	
7. Adjournment *Meeting adjourned*	

ENOTHE
European Network of Occupational Therapy in Higher Education

BOARD REPORT
TO THE GENERAL ASSEMBLY

Reporting period: 01 august 2025 to 31 July 2026

General Assembly: 22 and 23 October 2026, Toulouse-France

Contents

Introduction 3
1. Strategic context 4
1.1 Purpose 4
1.2 Strategic framework 4
1.3 Year operating context 4
2. Strategic areas (SA) progress overview: achievements, challenges and resources 6
2.1 SA: Education 6
2.2 SA: Partnerships 8
2.3 SA: Sustainable Network Organization 10
2.4 SA: Occupational Therapy Europe 12
3. Member value and engagement 13
3.1 Membership profile 13
3.2 Member engagement 14
3.3 Identified gaps and corresponding actions 14
4. Financial stewardship 16
4.1 Overview 16
4.2 Treasurer's brief assessment 16
4.3 Auditors Report 17
5. Board composition and Governance activity 18
5.1 Board composition 18
5.2 Governance activity 18
Sustainable Voluntary Leadership 20
Governance and Ways-of-Working Pilots 21
6. Board's overall assessment and proposed direction 23
6.1 Overall assessment 23
6.2 Proposed direction for the next reporting period – key actions 23
7. Acknowledgements 24
8. Board declaration and sign-off 24

Introduction

This report provides a comprehensive overview of ENOTHE's activities during 2025–2026 activity year.

Activities are included where they generated relevant progress, results, resource use, risks or governance implications during the current reporting period. Some initiatives form part of longer-term work initiated in previous years and will continue beyond this period. Ongoing longitudinal activities with limited developments during the year are therefore not discussed in detail, although they remain active and continue to contribute to the association's strategic aims.

The report is intended to provide the Board, members, and stakeholders a clear and self-contained account of the year, including the association's main activities, developments, results, resource use and governance matters. For ongoing initiatives, the report focuses on developments during the reporting period, with earlier work included only where needed for context.
Further detail is available in the relevant supporting documentation.

1. Strategic context

According to ENOTHE Constitution § 2:

1.1 Purpose

This association, which purpose is not to make any profit, is:

(1) to support and promote quality of professional education and research in occupational therapy throughout the European Higher Education Area (EHEA);
(2) to advance the development of the body of knowledge of occupational therapy and occupational science;
(3) to contribute to WHO Europe health strategies for individuals, communities and other stakeholders as well as being responsive to social injustice; and
(4) to collaborate with organizations with purposes similar to the purpose of this organization to develop strategic partnerships to strengthen the visibility and impact of OT in European health and social policies.

1.2 Strategic framework

Strategic aims

1. To demonstrate, educate and disseminate the value and evidence of Occupational Therapy as a contribution to European health and societal issues of individuals, communities and other stakeholders to increase the visibility of Occupational Therapy.
2. To be actively engaged in advancing Occupational Therapy within European Higher Education systems in all three educational cycles (Bachelor, Master and PhD) through solid research and interdisciplinary involvement.
3. To create arenas to share knowledge between educational institutions across Europe so that graduates of Occupational Therapy are fit for the future in changing social-cultural, technological and political contexts.
4. To be proactive in developing Occupational Therapy education, which is comparable, sustainable, accessible and supports the internationalization at home and abroad of programs as well as the (virtual) mobility of students and teachers.

To achieve these aims, ENOTHE works out yearly action plans based on four (4) strategic Areas, marked by specific objectives:

A. Education (Curriculum Development, Competencies, Fieldwork, Teaching Competencies),
B. Partnerships (Internal, External),
C. Sustainable Network Organization (Communication Strategies, Governance, Administration),
D. Occupational Therapy Europe (Organisation and Joint Actions)

1.3 Year operating context

The operating context outlines the principal internal and external factors that shaped ENOTHE's priorities, capacity, decision-making and delivery during the 2025–2026 activity year, providing context for the achievements, challenges and resource implications presented in subsequent sections.

The year was characterized by a decrease in ordinary membership and delays in membership fee payments, with a consequent impact on available resources, including the amount allocated to the Annual Fund. The 2021–2025 Strategic Plan was extended, following approval by the General Assembly, by one year to support the transition to the next strategic cycle. The organization also faced unplanned expenditure, challenges in securing consistent attendance at Board meetings, and prolonged health-related absences affecting two Board members. As no member institution offered to host the 2026 Annual Meeting, ENOTHE was required to contract an external venue and related services, involving operational and financial implications. More broadly, the implementation of major and structural projects continues to depend substantially on member participation and contributions, reinforcing both the value of member engagement and the need to further understand the sustainability of a model that relies significantly on voluntary involvement.

Following decisions of the 2025 General Assembly, considerable attention was given to preparing ENOTHE's next strategic cycle. This included the collaborative development and finalization of the organization's Mission, Vision, and Values, alongside the further development of the 2026–2030 Strategic Plan. To support this process, an initially unplanned hybrid ENOTHE Representatives Meeting was organized and considered necessary and valuable to enable meaningful participation, collective reflection and progress on strategic priorities.

Together, these governance and capacity challenges placed additional demands on the organization and required careful prioritization. These challenges also prompted broader reflection on ENOTHE's organizational arrangements, leading to an organizational analysis and restructuring process. Revised approaches currently being tested to assess their suitability for the network's future needs.

ENOTHE experienced increasing requests for advertising, participation in Erasmus+ partnerships, and representation in external initiatives,as well as growing interest in supporting future Annual Meetings. These developments reflect growing recognition and expectations regarding the network's contribution and visibility. Discussions and commitments concerning the Occupational Therapy Europe Congress 2028 also progressed, while requiring careful consideration of their potential implications for ENOTHE's financial sustainability and organizational capacity in the coming years .

ENOTHE
European Network of Occupational Therapy in Higher Education

2. Strategic areas (SA) progress overview: achievements, challenges and resources

2.1 SA: Education

Objectives	Achievements	Challenges	Human resources
1.CURRICULUM DEVELOPMENT a) To promote the Occupational Therapy contribution and role in the health and social system within emerging fields. b) To promote the development of a culturally relevant occupation-based curriculum (education, research and practice) by the creation of possibilities, e.g., the capacity-building courses. c) To facilitate student's perspective and contribution within curriculum development to ensure to meet their demands. Encourage the development of the students' summer courses.	1. TUNING 2024 competences framework translations – Dutch 2. Resources under members area: Webinars recordings, SIMBA website content hosting 3. EMOTHE: new submission	1, 2. Dependent on members initiative/response 3.Management of reviews and corresponding deadlines; editorial article paused due to events in the organizational structure	Board; Members; Office
2. COMPETENCIES a) To enhance the development of competences in all three educational cycles in relation to social, political, cultural and technological development, entrepreneurship, innovation, and internationalization.	1.Webinar series "OT Education in your country" – first Tuesday of the month: 7 webinars. Attendants' satisfaction survey result: 4.4/5 2.Annual fund to support students' attendance to the Annual Meeting: after analysis of possibilities within the approved budget for the Annual Meeting student attendance, it was possible to fund 5 students at 400€ (200€ for travel and 200€ for accommodation).	1. Total invited countries = 23, with a total of 8 webinars presented so far. 2.Total amount allocated depends on membership fees total on last day of payment (7.5% of total).	Board; Members; Office
3. FIELDWORK a) To develop links for cooperation between educational programmes, fieldwork educators, stakeholders and clients in order to address the occupational needs of clients and society.			
4. TEACHING COMPETENCIES a) To support the development of innovative teaching and learning competences by the integration of evidence-based teaching and learning methods and best practice in education ENOTHE Strategy 2021-2025	1.Webinar series "ENOTHE Project Dialogues": 6 invited; 1 scheduled 2.Retrieval of ENOTHE "Action for Peace" initiative: working group establishment; workshop presentation at 2026 Annual meeting; subsequent activities planned 3.Annual Meeting 2026: continuity of contracted obligations; articulation with French members to identify a Country-keynote speaker; active search for sponsors; re-	1.Dependent on members response 2.Setting-up of core group; alignment of goals and expected outcomes 3. Identification of trade-offs to ensure financial sustainability	Board; Members; Office

b) To support the professionalisation of Occupational Therapy educators, lecturers and trainers by (expert) trainings set up by partners for partners through 'train-the trainer' courses.	scheduling and extension of Board meeting for after the event to allow full use of time and extension of agenda, leading to enhanced organizational and financial sustainability. 4.Annual Meeting 2027: call open between November and December 2026; 5 contacts for queries; 2 applications received; criteria for selection: access, proposed date, potential impact for the programme/OT in the country, Local organization, Geopolitical situation; signature between parties of the Terms of Understanding; site visit by Coordinator: team meeting, calendar of activities, programme structure discussion; supporting activities		

ENOTHE
European Network of Occupational Therapy in Higher Education

2.2 SA: Partnerships

Objectives	Achievements	Challenges	Human resources
1.INTERNAL PARTNERSHIP a) To be an inclusive network of university and institutional members from all European regions by creating financial and practical solutions for inclusion. Demonstrating and promoting the value and contribution that becoming a member of ENOTHE brings. b) To support members' initiatives by creating project groups to build knowledge and expertise in Occupational Therapy education c) To establish members' interaction during Annual meetings and inter-annual meetings, through the exchange of members' achievements. d) To generate debate and create more collective awareness of the strategic issues for the discipline development. e) To contribute to the strategic objectives of Occupational Therapy Europe Foundation by collaborating with COTEC and ROTOS in the umbrella-organisation and participate in initiatives. f) To support a Student Board Member and collaboration with SPOTeurope and occupational therapy students to facilitate internationalization and students' inclusion within the development of occupational therapy education. g) To support joint international program initiatives and projects of ENOTHE members	1.Fellowship award: 3 fellows recognized at the Annual Meeting 2025 2.Development of the "Consent for Publication of ENOTHE Member Directory Information"; sent to all members, received 58 responses; available at members area according to received responses/consent 3.SPOTeurope report: SPOTeurope strengthened its visibility, student engagement and international presence, expanding the MiniSPOT network, delivering SPOTinars and SPOTweek, achieving its strongest social media reach to date, and strengthening connections with ENOTHE, WFOT and the wider OT community. Appendix 8: SPOTeurope Board report 4. ERASMUS/International projects matchmaking event at the Annual Meeting	1.consolidation of the criteria for Fellowship award 3. Key challenges included Board turnover and recruitment, limited financial resources, the temporary loss of the website due to malware, and the ongoing need to sustain active participation across MiniSPOTs and the wider community.	Board; Members; Office
2. EXTERNAL PARTNERSHIPS a) To encourage members to build a solid relation between theory discourses, practice actions and research in different interdisciplinary projects, activities and education through closer collaboration with relevant partners. b) To stimulate members to participate in European Union Working groups regarding Profiling and training the health care workers of the future, Health Promotion and Disease Prevention. c) To build partnerships with the third sector (social partners such as NGOs, organisations, associations, cooperatives and community groups) and other social partners with a focus on education and training. d) To facilitate the awareness and importance of Occupational Therapy in political alliances and implementation and strengthening of these topics in education.	1.SIMBA project conclusion, with ENOTHE as dissemination partner. Continuation of partnership with ENOTHE hosting SIMBA website content, and providing supporting letter for further project funding sourcing 2. ECHOES: ENOTHE as associate partner, with representation activities and dissemination of activities 3.SO-OT: Social Entrepreneurship in OT Education in Albania, Austria, Finland, Rumania and Spain. ENOTHE as dissemination partner and advisory board member. ERASMUS+ framing with members. Approved with activities starting on October 1. 4.BRIDGE-OT EDU: Bridging Science and Practice in Higher Education. ERASMUS+ application with members. ENOTHE as partner organization with Key action leadership. Pending approval.		Board; Members; Office

	5.Representation and dissemination of activities at: CP represented ENOTHE at a Congress in Alicante focusing on: introducing ENOTHE and raising awareness of its main initiatives among participants; promotion of EMOTHE, encouraging professionals and academics to learn more about the project and contribute publications related to their current work, professional experiences, and research activities. CP visited Universidad San Sebastián in Chile, where she presented ENOTHE and SPOT, explaining roles, activities, and opportunities to Occupational Therapy students and encouraging their engagement with both organisations. EG participated and presented at the 1st International Occupational Therapy Conference (ICOTH 2026), organised by the member organisation Democritus University of Thrace, Department of Occupational Therapy, Campus Komotini. Presentation delivered titled: Occupational Therapy Education in Transition: contemporary shifts in theory, pedagogy and professional identity.		

ENOTHE
European Network of Occupational Therapy in Higher Education

2.3 SA: Sustainable Network Organization

Objectives	Achievements	Challenges	Human resources
1. COMMUNICATION STRATEGIES a) To create effective internal and external communication strategies by supporting the distribution of information concerning European health, social and educational policy. b) To increase collaboration among members of ENOTHE and between members, students and the board. c) To keep up the website and archive core historical documents, access to products in a database. d) To create long term strategy for future meetings e) To maintain brand, style to use in public relations f) To improve social media communication strategies and involvement of members	1.Mid-year the frequency of Board meetings was adjusted to the mentioned in the constitution: 2 in-person and once per calendar quarter 2. Membership promotion directed at potential European Ordinary members completed twice a year 3. Research and analysis of membership engagement dimensions, identifying current practices, gaps, indicators and results 4.Creation of ENOTHE membership reflection survey, supported by online launch/presentation event, with recording sent to members		Board; Office
2. GOVERNANCE a) To achieve transparency in internal procedures by developing good governance guidelines and procedures	1.Revision and update of the Annual Meeting hosting protocol 2.Creation of the Terms of Understanding document for agreement purposes between ENOTHE and Annual Meeting hosting institution 3.Development of working group progress report document to track all budgeted activities (including internal, external and mixed) 4.Revision of the ENOTHE seed-funded project guidelines 5.Every event evaluation procedure continuation, with analysis of results, action of the immediately possible and reflection of near-future actions towards improvement based on the association structure 6.Extra-ordinary General Assembly for the vote on the 1-year extension of the Strategy Plan 2021-2024 7.Development of several format activities (working groups, open sessions, online and offline input) towards the reach of a member agreed ENOTHE Mission, Vision and Values. Appendix 6: https://enothe.eu/wp-content/uploads/2026/09/6.-Mission-Vision-Values-proposal.pdf		Board; Members; Office

	8. Development of several format activities (working groups, open sessions, online and offline input) towards the reach of a member agreed ENOTHE Draft Strategy 2026-2030 9.ENOTHE Representatives meeting, towards the conclusion of Mission, Vision and Values discussion and further development of the Draft Strategy 2026-2030. Hybrid format to allow enhanced participation. 10.Analysis of Board membership: time expenditure, activities identification, satisfaction, influence, impact and balance with professional activities		
3. ADMINISTRATION a) To secure financial sustainability underpinned by robust, fit for purpose administration systems by increasing membership, decrease expenses, alternation of membership policies to meet current costs and sustain future developments. b) To create transparency of the financial administration activities that are undertaken by the office and the elected board, including regular review of all activities and pricing structures for membership and annual meetings c) To continue exploring options for a future permanent base and manning of the ENOTHE office	1.ExOrdo (abstract, review and programme management platform for the Annual Meeting) contract for 5 events with 5 book of abstracts 2.Reinforcement of advertising opportunities promotion 3.Continuation of financial transparency, monitoring and sustainability activities: trimester analysis variance of income and expense of approved budget lines with Treasurer, Vice-Treasurer and Auditors 4.Continuation of the 4 eyes financial stewardship protocol: monthly bank statement analysis by the Auditors 5.Each proposed budgeted activity has a "project" proposal submitted to the Financial group for analysis and Board submission for approval to be considered in the proposed budget 6.Coordinator and Finance Administrator contract updated		Board; Office

2.4 SA: Occupational Therapy Europe

Objectives	Achievements	Challenges	Human resources
1. ORGANISATION a) To participate in Occupational Therapy Europe, whilst preserving the autonomy of each respective organisation.	1.Yearly funding/contribution to OT-Europe updated based on group's discussion and agreement		Board; Office
2. JOINT ACTIONS a) To engage in joint projects that promote the unity of occupational therapy in Europe, such as organising joint congresses and developing technically and visually compatible integrated websites and utilising social media. b) To support and contribute to Occupational Therapy Europe expert groups to advise and inform OT-EU on European issues such as health and social policy, professional qualifications and regulations of Occupational Therapy in Europe.	1.Participation in the Constitution and strategy review of OT-Europe 2.ENOTHE as treasurer of OT-EUrope for the year 2025; ENOTHE as secretary of OT-Europe for the year 2026 3. OT-Europe congress 2028: ENOTHE proposal of financial models to the group; ENOTHE board members part of the organizing and scientific committee		Board; Office

3. Member value and engagement

3.1 Membership profile

	Current year	Previous year	Change	Interpretation
Total members	143	150	-7	
New members	22	32	-10	
Returning members	5	7	-2	
Honorary /Ordinary /Contributing /Individual mix	2 /105 /9 /27	1 / 109 /6 /34	+1 /-4 /+3 /-7	Ref: the Board decided to suspend contributing membership applications, from associations, considering the undergoing work of fee/access impact review.
Countries /Continents represented	34 /5	36 /5	-2 /0	Tunisia and Mongolia (3 individual memberships)
Membership completion interval	0 to 127 days (19 members above 30 days)	0 to 118 days (22 members above 30 days)	+9 days	Ref: 30 days is the invoice payment deadline
Membership completion within set period	72%	70.6%		Despite membership completion within set period is higher in the current year, the corresponding amount of pending payments was higher than previous year. For reference, this indicator influences the amount available for the Annual Fund dedicated to support student participation at the Annual meeting.

Fig.1: Membership size and composition

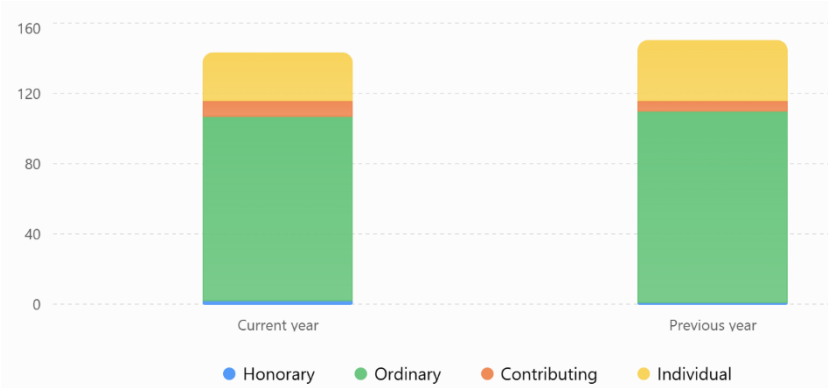
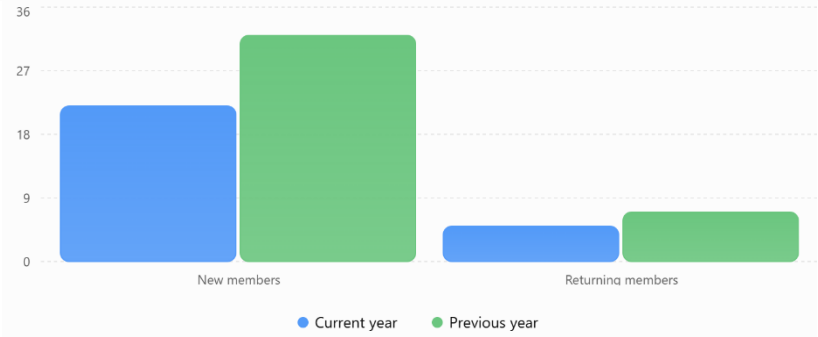


Fig.2: Membership dynamics



3.2 Member engagement

Member engagement during 2026 was analysed within 4 dimensions: Behavioral; Advocacy and Contribution; Emotional and Cognitive; and Social/Network. These dimensions are according to non-profit associations best-practices engagement analysis.

Members attended ENOTHE events and webinars, exercised their governance responsibilities through elections, and contributed their expertise and time through submissions, presentations, content development, peer review, working groups, and other voluntary roles.

- Annual Meeting participation reached 71% of the membership, while the voting rate increased from 35% in 2024 to 46% in 2025. For the 2025 Annual Meeting, 61% of registrations attributed to non-social channels came through colleagues, teachers or friends, 18% through email and 14% through an ENOTHE Representative. No registrations for the 2026 Annual Meeting were attributed directly to social media, reinforcing the importance of institutional representatives, professional relationships, and targeted communication in converting awareness into participation.
- Participation in governance also increased, with the voting rate rising from 35% in 2024 to 46% in 2025.
- Membership continuity remained particularly strong, with a 99% renewal and cohort-retention rate, a 1% churn rate, and some institutions maintaining their relationship with ENOTHE for more than 30 years.
- Members also engaged through ENOTHE's communication and networking channels: the mailing list included 562 subscribers, and the newsletter was among the 50 most-viewed pages on the ENOTHE website; members interacted with and extended the reach of ENOTHE content through Facebook, Instagram and LinkedIn.

(for more detailed information on the Member engagement analysis, consult the recording of the ENOTHE Member Engagement Reflection Launch event recording, available in your inbox).

3.3 Identified gaps and corresponding actions

1. It was identified that the emotional and cognitive dimensions, namely members' sense of belonging, perceived value, trust, recognition, voice, and the relevance of ENOTHE's output, required assessment. Hence, the Member Engagement Reflection survey was created, supported by an online launch event, in which the context was characterized, followed by email share of the recording. The results on this Reflection are to be presented at GA2026.

2. Towards the conclusion of ENOTHE's Mission, Vision and Values and the development of ENOTHE Strategic Plan 2026-2030, it was shared by the members at GA2025 and identified that further engagement opportunities were desirable. The ENOTHE Representatives meeting was organized, in a hybrid format, with the support of a member institution, dedicating one day to ENOTHE's Mission, Vision and Values, where

a conclusion was reached to be voted at GA2026 and another day to the development of ENOTHE Strategic Plan 2026-2030. The development of the ENOTHE Strategic Plan 2026-2030 was further preceded by the creation of a working group of Board and members, based on expressed interest at GA2025, who organized the referred day at the ENOTHE Representatives meeting and also further concluding workshops at Annual Meeting 2026.

3. It was considered pertinent, timely and above all valuable, in light of ENOTHE's long-standing commitment to fostering collaboration, innovation, and knowledge exchange in occupational therapy education across Europe and beyond, through seed-funding project initiatives, to present the opportunity to past ENOTHE projects to share experiences, processes, and outcomes, you help ensure that the knowledge generated through ENOTHE projects continues to inform teaching, research, and collaboration across Occupational Therapy institutions and colleagues. This said, the ENOTHE Project Dialogues webinar series was created, and previous projects members were invited to present a webinar. It is believed that these projects represent a valuable collective effort to strengthen the quality and responsiveness of occupational therapy education in an evolving societal and professional landscape.

4. Financial stewardship

4.1 Overview

ENOTHE budget is organized by budget lines according to Strategic aims. The financial year runs from August 1st to July 31st, and a trimester analysis and subsequent variation, based on the approved, is completed for each budget line. Below a consolidated general overview of the results of the approved 25.26 budget is shown.

	Proposed Budget (1aug25 - 31jul26)		1st trimester (1aug.31oct)	2nd trimester (1nov.31jan)	3rd trimester (1feb.31april)	4th trimester (1may.31jul)	Total	Variation
	Bank Balance (beginning of trimester)		318,534.49	252,544.49	234,603.23	241,190.22		
Income	Sub-total of Membership Fees	58,000.00	835.00	16,572.50	37,049.00	19,483.00	73,939.50	15,939.50
	Sub-total of Stategic Aim 1: Education	132,023.20	19,424.00	1,746.00	20,130.00	92,307.00	133,607.00	1,583.80
	Sub-total of Strategic Aim 2: Partnerships	0.00	116.53	481.13	0.00	0.00	597.66	597.66
	Sub-total of Stategic Aim 3: Sustainable Network	520.00	97.51	206.13	6.15	277.05	586.84	66.84
	Sub-total of Stategic Aim 4: OT Europe Umbrella	0.00	3,000.00	0.00	0.00	0.00	3,000.00	3,000.00
	Sub-total of Refunds	0.00	2,272.98	90.50	92.62	10.74	2,466.84	2,466.84
	Total income	190,543.20	25,746.02	19,096.26	57,277.77	112,077.79	214,197.84	23,654.64
Expense	Sub-total of Membership Fees	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	Sub-total of Stategic Aim 1: Education	154,055.21	63,714.30	19,649.08	37,076.38	31,675.90	152,115.66	-1,939.55
	Sub-total of Strategic Aim 2: Partnerships	2,000.00	0.00	892.51	0.00	0.00	892.51	-1,107.49
	Sub-total of Stategic Aim 3: Sustainable Network	60,400.00	24,318.72	15,080.44	12,702.90	29,085.42	81,187.48	20,787.48
	Sub-total of Stategic Aim 4: OT Europe Umbrella	400.00	400.00	0.00	0.00	0.00	400.00	0.00
	Sub-total of Refunds	0.00	3,303.00	1,415.49	911.50	3,135.00	8,764.99	8,764.99
	Total expense	216,855.21	91,736.02	37,037.52	50,690.78	63,896.32	243,360.64	26,505.43
	Variation (income - expense)	-26,312.01	-65,990.00	-17,941.26	6,586.99	48,181.47	-29,162.80	-2,850.79
	Bank Balance (end of trimester)		252,544.49	234,603.23	241,190.22	289,371.69		

4.2 Treasurer's brief assessment

Membership income was above the proposed budget, despite 36 non-renewals from 2025.

Under Strategic Aim 1 – Education, late Seed-funded project expenses were exceptionally approved, including correction of a duplicated banking transaction, with no further late claims accepted. Budgeted support for six participants in the OT Transnational Comparative Assessments project was unused, while Action for Peace student funds were redirected to the Annual Fund Student Scholarship. Webinars continued with strong interest but low registration/participation; SIMBA consultancy ended with the project; EMOTHE progressed slowly, with costs mainly for hosting and domain; and SPOT's unexpected platform reorganisation was addressed sustainably through higher education IT fieldwork support. The Annual Fund continued to support student participation and SPOT Board members.

Annual Meetings remain the main source of financial activity and cash flow. Annual Meeting 2025 continued to generate delayed and new registration income, with expenditure finalised after payments. Annual Meeting 2026 attracted strong international interest, supported by an

extended registration calendar and “fan fee”, helping cash flow, structural redesign costs and overall sustainability. Online registration improved user experience but also generated some incorrect payments and refunds, while significant underpayments remained at year-end; registration continues until September 2026, into the next financial year. Planning for Annual Meeting 2027 began (approximately 18 months in advance).

Under Strategic Aims 2-4, three representation activities took place, one partly reimbursed. The planned Board meeting proceeded with cost-control measures, while attendance at the unbudgeted Representatives Meeting was limited to directly involved Board members. Advertising generated interest, merchandising diversification was completed, and Stripe fees continued to vary by payment and country. Regular digital and office costs continued, including increased Microsoft 365 costs and an additional license for new Board member; unplanned expenditure included replacement of the computer stolen at Annual Meeting 2025. The final ExOrdo instalment for five events, expected in the 2026-2027 budget, was instead charged in July 2025; auditor costs included Annual Meeting 2025 expense forms; and the Coordination contract was inflation-adjusted. OT-Europe reimbursed its agreed share of the previous ExOrdo contract, and the annual contribution was reviewed and agreed.

Conclusion: the variation between proposed and real budget 25.26 encompasses the combination of unused project proposed expense, occurrence of the ENOTHE Representatives meeting, the second and last instalment of the ExOrdo software, the need for a new office computer acquisition and the Annual Meeting 2026 event rental and catering contract.

The detailed budget year 25.26 financial demonstration and explanation is available at Appendix 4.

4.3 Auditors Report

The role of the auditor is to control the on-going business and the transactions of the association and audit the financial dealing of the association, in respect of proper accounting and usage of funds in accordance with the statutes.

The 25.26 Auditors report is available at Appendix 7.

5. Board composition and Governance activity

5.1 Board composition

Board member	Role	Term (first term: 4y; second term: 2y)	Core focus activities of the year
Caroline Fischl (CF)	President	Oct 2021–Oct 2027 (on second term)	Mission, Vision and Values EMOTHE ERASMUS+ projects OT-Europe
Giedrė Sasnauskienė (GS)	Vice-President	Oct 2023–Oct 2027 (on first term)	Mission, Vision and Values Action for Peace project OT-Europe
Jasu Forss (JF)	Treasurer	Oct 2023–Oct 2026 (on first term)	Finance Lead Board member for Annual Meeting 2026 (will conclude term in 2026)
Elena Gliki (EG)	Vice-Treasurer	Oct 2024-Oct 2028 (on first term)	Finance ERASMUS+ projects EMOTHE
Katrin Pechstädt (KP)	Secretary	Oct 2023–Oct 2027 (on first term)	ENOTHE Seed-funded project guidelines review OT Europe
Annette Schüller (AS)	Vice-Secretary	Oct 2024-Oct 2028 (on first term)	Draft Strategy 2026-2030 Lead Board member for Annual Meeting 2027 ENOTHE Fellowship
Cristina Perdomo (CP)	General Board member	Oct 2025-Oct 2029 (on first term)	EMOTHE SPOT Board liaison OT Europe
Angela Lumpert (AL)	Student Board member	Oct 2023–Oct 2026	SPOT liaison with ENOTHE SPOT Treasurer

5.2 Governance activity

During 2025/2026, the Board undertook a structured review of ENOTHE's governance arrangements, workload distribution, and ways of working. The exercise combined a review of the governance model established in ENOTHE's Constitution and relevant practices in non-profit associations with an internal survey completed by eight Board members. The review was intended not only to describe the current situation, but also to identify practical opportunities to support sustainable voluntary leadership, improve collective decision-making and strengthen collaboration between the Board, President and Office. Its findings informed two connected pilots: an adjustment to the Board meeting schedule and the introduction of a governance operating model and decision matrix.

Board Governance, Membership Experience and Capacity Review

Under ENOTHE's Constitution, the Board is the association's central management and leadership body, elected by the General Assembly and organised through defined officer roles. It holds collective responsibility for strategic and operational governance, financial

administration, reporting, and accountability to members. ENOTHE's structure most closely resembles a chair-led, officer-based Board supported by an Office that provides operational delivery, administration and organisational continuity.

The wider governance review highlighted several developments in current non-profit practice that are particularly relevant to ENOTHE. These include a clearer distinction between governance and operational management; a stronger strategic partnership between the Board and the Office; greater attention to organisational culture, inclusion and internal behaviors; appropriately delegated structures that allow timely execution; continued professionalization of the Office; and more systematic oversight through indicators, dashboards and risk-management processes. These approaches depend on explicit agreements about who decides what, which matters require consultation or approval, what should be escalated, how performance is monitored and how frequently alignment takes place between the Board, President and Office.

Towards best practices alignment, an internal Board survey, targeting the current Board members, was developed and applied.

- The results indicated a generally positive experience of Board membership. Satisfaction with the extent to which Board participation met members' expectations averaged 8.5 out of 10, while its perceived influence on members' professional profiles averaged approximately 8.9 out of 10. Most ratings were between 8 and 10. However, the ranges of 5–10 for expectations and 6–10 for professional influence indicate that the experience and perceived benefits of Board membership are not entirely uniform.
- Board tenure ranged from approximately two months to more than four years, with an average of around two years. This provides ENOTHE with a combination of institutional continuity and relatively new perspectives, but also reinforces the importance of governance arrangements that can support members with different levels of organisational knowledge and experience.
- The analysis also identified significant differences in the distribution of responsibilities. Of the 62 tasks reported by Board members, 38—approximately 61%—were associated with Strategic Aim 3, *Sustainable Network*. Strategic Aim 1, *Education*, accounted for 15 tasks, or approximately 24%; Strategic Aim 4, *OT-Europe Umbrella*, accounted for six tasks; and Strategic Aim 2, *Partnerships*, accounted for three.
- Individual workloads ranged from three to 22 tasks. This indicates that responsibilities are concentrated both within one strategic area and among a limited number of Board members.
- Reported average hours also varied substantially, ranging from 2 to 27.5, with an overall average of approximately 9.7 hours. One Board member accounted for around 35% of

both the total tasks and reported hours. Although this reflects considerable individual commitment, it also illustrates the extent to which some areas of ENOTHE's work may depend on the availability and contribution of particular people.
- Current effort was assessed at an average of approximately 2.7 on a five-point scale, broadly corresponding to moderate effort. The anticipated near-future average increased to 3.2, with one member expecting a very high level of effort. This suggests that, without adjustments to prioritisation, delegation and ways of working, workload pressures may increase.

Overall, the findings do not indicate a lack of commitment or satisfaction among Board members, instead, they identify opportunities to improve role clarity, workload balance, strategic prioritisation, organisational continuity and the efficiency of collective decision-making.

Sustainable Voluntary Leadership

Workload balance is particularly important for ENOTHE because Board membership is voluntary and undertaken in addition to members' existing professional, academic, organisational, family and personal commitments. Board members contribute significant expertise, professional networks and leadership capacity, but the time they can dedicate to ENOTHE is necessarily limited and may fluctuate during the year.

The professional environment in which members work is also evolving. Occupational therapy education and practice are being shaped by technological developments, changing workforce and educational needs, financial pressures, geopolitical uncertainty, new expectations for international cooperation and increasing demands for inclusion, accountability and demonstrable impact. Board members are managing many of these developments within their own institutions and professional roles while also contributing voluntarily to ENOTHE.

Governance arrangements must therefore be sufficiently structured to provide clarity and accountability, while remaining flexible enough to accommodate changing availability, emerging priorities and periods of increased professional or personal demand.

Workload balance does not require every member to undertake the same number of tasks. It requires responsibilities to be distributed transparently and proportionately according to role, expertise, availability, strategic importance and the authority required. Excessive dependence on particular individuals may affect continuity, delay delivery, increase the risk of losing institutional knowledge and limit opportunities for wider Board participation and leadership development.

Efficient collective decision-making is equally important. Collective governance provides legitimacy and ensures that significant decisions reflect ENOTHE's mission and member accountability. However, involving the full Board in routine operational matters can create delays and divert limited voluntary capacity away from strategic oversight.

Efficiency therefore means involving the right people in the right decisions at the appropriate level. Routine matters within approved plans, budgets and policies may be managed operationally, while strategic, fiduciary, high-risk, reputational or irreversible matters remain subject to Board consideration. Focused agendas, clear proposals, timely evidence, recorded decisions and systematic follow-up can further improve decision quality and reduce repeated discussion.

Together, workload balance and efficient decision-making support sustainable voluntary governance, reduce dependence on individual contributions and allow the Board to concentrate its collective expertise on mission, strategy, financial stewardship, risk and organisational sustainability.

Governance and Ways-of-Working Pilots

The review led to the development of two connected pilots intended to test practical improvements before any longer-term arrangements are considered.

- Pilot Adjustment to the Board Meeting Schedule

The Board meeting schedule will be adjusted on a pilot basis to create a more focused and proportionate governance rhythm. The aim is not to reduce Board responsibility, but to concentrate formal meeting time on strategic priorities, major decisions, financial and risk oversight, organisational performance and matters requiring collective authority.
Meetings were rescheduled to the Constitutional informed: 2 in-person and one every quarter. They continue to be supported by focused agendas, timely documentation, and a clear distinction between items presented for information, discussion, or decision. Working group progress reports were developed and are to be updated continuously to allow consultation at any time. All proposals requiring approval should identify the issue, available options, implications, risks, recommended action, alignment with ENOTHE, beneficiaries and budget if necessary.
The pilot will be reviewed in relation to participation, follow-up on agreed actions, and the perceived value of Board meeting time.

- Pilot Governance Operating Model and Decision Matrix

Further to the sustainable leadership, it will be complemented by a pilot governance operating model and decision matrix. Its purpose is to strengthen role clarity, transparency, subsidiarity, evidence-based oversight, continuity and respectful challenge.

Under the proposed model:

- the Board sets strategic direction, approves plans, budgets and major commitments, and retains fiduciary and accountability responsibilities;
- the President leads Board effectiveness, supports alignment, and manages appropriate escalation;

- the Office leads day-to-day management, ensures follow-through, strategy implementation, coordination, administration, reporting and organisational continuity.

As a general rule, the Office decides operational matters within approved plans, budgets and policies; the Board decides strategic, fiduciary, high-risk or irreversible matters; and the President addresses urgent matters between meetings within delegated authority, escalating those that exceed it. Some areas require shared involvement, including strategic initiatives, long-term partnerships, and crisis responses. Escalation is expected where matters involve significant budget deviations, legal or safeguarding concerns, reputational exposure or conflicts that could affect ENOTHE's mission, trust or finances.

The model will be supported by consistent reporting on strategic progress, finances, risks, activities, decisions and actions, allowing the Board to remain informed without becoming unnecessarily involved in operational delivery.

6. Board's overall assessment and proposed direction

6.1 Overall assessment

Serving on the ENOTHE Board this year has been a valuable experience of learning, collaboration and reflection. Working with colleagues from different countries and perspectives has provided an important opportunity to contribute to the future direction of the organisation and to see how ideas developed through dialogue can be translated into meaningful action. This was particularly evident in the work on ENOTHE's Mission, Vision, Values and Strategic Plan during the Representatives Meeting, where collective reflection helped shape clearer priorities for the years ahead.
Despite financial pressures, reduced membership and capacity challenges, ENOTHE made meaningful progress across all Strategic Areas. Increased member engagement, strategic planning and stronger external partnerships demonstrated the resilience and continuing relevance of the network. At the same time, the year highlighted the importance of sustainable governance, balanced workloads, shared responsibility and broader member involvement to support future development and growth.
The Board considers ENOTHE well positioned to enter the 2026–2030 strategic cycle with a clearer mission, vision and direction. While immediate answers may not always be available, ENOTHE can continue to create dialogue, strengthen connections and provide a space where members work together to advance occupational therapy education in Europe and beyond.
We are grateful for the trust, discussion, challenges and learning that have shaped this year and look forward to continuing ENOTHE's development through collaboration, connection and a shared commitment to its future.

6.2 Proposed direction for the next reporting period – key actions

- Voting on the collectively agreed proposed Mission, Vision and Values and, if approved, integrate them into ENOTHE's governance, communication and strategic implementation. Appendix 6: Mission, Vision and Values proposal.

- Voting and if approved, implement the 2026–2027 budget, ensuring alignment between available resources, organisational priorities and planned activities. Appendix 5: Proposed Budget 2026-2027.

- Finalise and vote, at scheduled Extra-ordinary General Assembly, on the ENOTHE Strategy 2026–2030, establishing the collectively agreed strategic priorities, objectives and direction for the new cycle.

- Subject to approval of the ENOTHE Strategy 2026–2030, launch Expressions of Interest for ENOTHE working groups to support member participation in implementing agreed and identified priorities, including the review of Contributing Membership and other emerging areas.

- Analyse the ENOTHE Member Engagement Reflection/Survey and other member feedback throughout the year, identifying gaps in participation, communication, representation and engagement, and defining feasible mitigation and improvement actions where possible.

- Prepare and release a composite five-year report following approval of the new Strategy, consolidating achievements, challenges, developments and learning from the previous strategic period.

- Opening of one Board position, with the corresponding election to take place at the 2027 General Assembly.

Overall, move from strategic definition to implementation, strengthening member participation, organisational sustainability, accountability and evidence-informed development across the 2026–2030 cycle.

7. Acknowledgements

The Board expresses its sincere appreciation to all ENOTHE members, ENOTHE Representatives, working groups, project leaders, volunteers and partners for their commitment, expertise, collaboration and valuable contributions throughout the year. Their active engagement continues to strengthen ENOTHE's work, support the implementation of its strategic priorities and contribute to the advancement of occupational therapy education across Europe and beyond.
Special thanks are extended to the ENOTHE Office, Board members, SPOTeurope representatives for their dedication and continued support. We also warmly acknowledge Haute école de travail social Lausanne, Switzerland, together with its faculty, colleagues and staff, for their hospitality and collaboration in hosting the hybrid ENOTHE Representatives Meeting.
The Board further recognises the value of collaboration with partner organisations and stakeholders and thanks all members for their continued engagement, trust and shared commitment to ENOTHE's future development.

8. Board declaration and sign-off

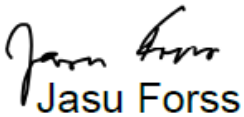
The Board confirms that this report provides, to the best of its knowledge, a fair and balanced account of the association's strategic progress, stewardship, governance, principal risks and proposed priorities for the reporting period.



Caroline Fischl



Giedrė Sasnauskienė



Jasu Forss



Elena Gliki



Annette Schüller



Katrin Pechstädt

Cristina Perdomo

Angela Lumpert

ENOTHE
European Network of Occupational Therapy in Higher Education

	Proposed Budget (1aug25 - 31jul26)		1st trimester (1aug.31oct)	2nd trimester (1nov.31jan)	3rd trimester (1feb.31april)	4th trimester (1may.31jul)	Total	Variation
	Bank Balance (beginning of trimester)		318,534.49	252,544.49	234,603.23	241,190.22		
Income	Sub-total of Membership Fees	58,000.00	835.00	16,572.50	37,049.00	19,483.00	73,939.50	15,939.50
	Sub-total of Stategic Aim 1: Education	132,023.20	19,424.00	1,746.00	20,130.00	92,307.00	133,607.00	1,583.80
	Sub-total of Strategic Aim 2: Partnerships	0.00	116.53	481.13	0.00	0.00	597.66	597.66
	Sub-total of Stategic Aim 3: Sustainable Network	520.00	97.51	206.13	6.15	277.05	586.84	66.84
	Sub-total of Stategic Aim 4: OT Europe Umbrella	0.00	3,000.00	0.00	0.00	0.00	3,000.00	3,000.00
	Sub-total of Refunds	0.00	2,272.98	90.50	92.62	10.74	2,466.84	2,466.84
	Total income	190,543.20	25,746.02	19,096.26	57,277.77	112,077.79	214,197.84	23,654.64
Expense	Sub-total of Membership Fees	0.00	0.00	0.00	0.00	0.00	0.00	0.00
	Sub-total of Stategic Aim 1: Education	154,055.21	63,714.30	19,649.08	37,076.38	31,675.90	152,115.66	-1,939.55
	Sub-total of Strategic Aim 2: Partnerships	2,000.00	0.00	892.51	0.00	0.00	892.51	-1,107.49
	Sub-total of Stategic Aim 3: Sustainable Network	60,400.00	24,318.72	15,080.44	12,702.90	29,085.42	81,187.48	20,787.48
	Sub-total of Stategic Aim 4: OT Europe Umbrella	400.00	400.00	0.00	0.00	0.00	400.00	0.00
	Sub-total of Refunds	0.00	3,303.00	1,415.49	911.50	3,135.00	8,764.99	8,764.99
	Total expense	216,855.21	91,736.02	37,037.52	50,690.78	63,896.32	243,360.64	26,505.43
	Variation (income - expense)	-26,312.01	-65,990.00	-17,941.26	6,586.99	48,181.47	-29,162.80	-2,850.79
	Bank Balance (end of trimester)		252,544.49	234,603.23	241,190.22	289,371.69		

Membership:

The membership for this year has risen 22.7% considering the proposed budget. 36 previous members - 9 ordinary (3UK, 1PT, 1BE, 1IS, 1FR, 1DK, 1AT) and 27 individual (2MN, 1TN, 12USA, 2UK, 1NZ, 1IE, 3DE, 1CY, 2CA, 1BE) from 2025 did not renew their membership (9865€). To note that the majority of individual memberships are related with the benefit of member registration fee for the Annual Meeting, hence they vary according to the interest in attendance.

Strategic Aim 1: Education:

The **Seed-funded project** which ended in October 2024, sent in late expenses. They were analysed and exceptionally authorized to be paid, and no further ones as requested. To note that there's a double expense of the same amount, having one of them been refunded in the same amount - related with banking procedures**.** The budgeted amount (support towards Annual Meeting attendance of 6 project participants) for the **OT Transnational Comparative Assessments in European Higher Education** project was not accepted by the proposers. The **Action for Peace** developed its activities during the year mainly focused on online meetings towards goal consolidation. The budgeted amount pertaining student participation in the Annual Meeting, regarding the project, was redirected to Student Scholarship for the Annual Meeting attendance within the Annual Fund. **Webinar** activities/strategy continue in place and new series was developed, although with great interest from members and non-members the effective participation was low. **Consultancy** activities were related with the SIMBA project which concluded this year, hence so the consultancy activities. **EMOTHE** remains at a slow pace, mainly related with reviewers' recruitment and delivery, abstract submission interest and consolidation processes. The pertaining expense pertains the website domain and hosting. **Annual Meeting 2025** had still a important amount of unpaid and new registration fees already within this budget year, hence the income. The expense was adjusted precisely after all payments. **Annual Meeting 2026** continuous to draw a great attention from colleagues all over the world. The continued strategy used in terms of registration calendar (leading to an extended period and the establishment of a "fan fee" – previous year rate) also had more attention from participants and it allowed cash flow to face structural redesign needs and related payment schedule and overall financial sustainability of ENOTHE activities. A significant amount of online registration process was in place this year, impacting positively the user-experience, nonetheless sometime leading to incorrect paid amounts leading to impact in refunds. To notice

though that as in the mentioned above in the Annual Meeting 2025, there is still a significant amount of underpaid registration fees at the end of the financial year. To refer that the registration calendar ends on September 2026 already two months within the subsequent financial year). **Annual Meeting 2027** is already under preparation, following the established and sustainable procedure of process initiation around 18 months prior to the event. **SPOT**, underwent, involuntarily, an operational re-organisation in terms of platforms. To enable this re-organisation, articulation with a Higher Education institution offering IT fieldwork activities, it was possible to overcome this event in the most sustainable way possible. The **Annual Fund** continues to support students' attendance to the Annual Meeting and / or Student focused activities (student scholarship and SPOT Board members).

Strategic Aim 2: Partnerships

Three representation activities underwent, with one of them, within a formal partnership, was partially funded by the invitee – ECHOES.

Strategic Aim 3: Sustainable Network

The budgeted in-person **Board meeting** occurred as planned, using the in-place strategy of cost reduction via financial analysis and planning. Considering that the ENOTHE Representatives meeting was not earlier budgeted, only the directly related Board members attended in person. **Auditors** expense includes Annual Meeting 2025 expense forms. **Advertising** caught the attention of members and non-members making use of newsletter and website possibilities. In regard to **merchandising** investment in diversification of items was completed, keeping the strategy of cross-selling along with Annual Meeting registration. **Stripe** fees vary according to amount paid by card and country of origin of the payment. Registration and membership both have this payment method option. **Office software/equipment maintenance**: regular expenses maintained e.g. Website domain and plugins, to notice though the raise of the Microsoft 365 subscription fee and number of licenses as there is one more Board member. There was the acquisition of office supplies towards the Annual Meeting 2025 which extend beyond this schedule use. Unplanned investment in a new office computer to action from the theft of the previous in the last day of the Annual Meeting 2025. The second (and last) instalment of the ExOrdo software for 5 events (annual meeting abstract, review and programme management), which was scheduled initially for August 2026 (falling within the budget of 26.27), was charged in July 2025. Coordination **contract** was raised according to inflation rate.

Strategic Aim 4: OT-Europe Umbrella

OT-Europe refund of agreed share of previous ExOrdo contract was completed. Yearly contribution to OT-Europe was discussed within the group and the amount agreed.

Conclusion:

The initially proposed variation of -26,312.01€ was surpassed (+2,850.72€), reaching a total of -29,162.08€, meaning that the previewed bank balance, at the end of the financial year of 292,222.48€ (as informed in the approved proposed budget of the year 25.26) was in fact of 289,371.69€. Of relevance to note that this variation encompasses the combination of unused project proposed expense, occurrence of the ENOTHE Representatives meeting, the second and last instalment of the ExOrdo software, the need for a new office computer acquisition and the Annual Meeting 2026 event rental and catering contract.

For reference towards the proposed 26.27 ENOTHE budget:

ENOTHE bank balance at the end of the budget year of 25.26, meaning on July 31st 2026 was of 289,371.69€€. This is also the bank balance with which the proposed budget 26.27 will start, on August 1st, 2026.

ENOTHE aims continuously for improved structure, consistency and equity in management processes across all activities to allow organisational sustainability and growth towards the association's achievement of aims.

ENOTHE
European Network of Occupational Therapy in Higher Education

Proposed Budget 26.27 (1 Aug 26 – 31 July 27)

This budget is organised/divided according to ENOTHE's Strategic Aims and based on the premise "for every expense, there should be an income", when appropriate.
Moreover, it is important to understand that every proposed budget is subject to the real variation of income and expenses, which in turn depends on a significant number of external factors. This said, the externally dependent expenses had a corresponding 3.5% expected inflation addition.

Notes for some proposed income/expenses:

- Membership - Average of the proposed in the last 3 years.
- ENOTHE Strategy 2026-2030 and Action for Peace project expenses related with the support to attend the Annual Meeting 2026 of workgroup members.
- EMOTHE: expenses related with website and domain maintenance.
- Annual meeting 2026: Income of pending payment, potential new registrations and sponsors; Last payments of the rental contract, displacement and accommodation;
- Annual Meeting 2027: Income based on average % registrations (first three calendar tiers) x average all member+student fees (in the last 3 years) for 350 attendants; Expense based on travel, accommodation, catering.
- SPOTeurope expenses related with website + domain maintenance/hosting and pilot podcast project.
- Annual Fund, besides SPOTeurope Board, also includes call Student Scholarship to attend Congress.
- Representation: will continue with online presence only, hence no income/expense referred.
- Governance/Board meetings expense based on the average of last 3 years, minus one Board member, attendance of dedicated Board members to ENOTHE Representatives meeting 2027 and Bank visit.
- Contribution to OT-Europe: same as last year

ENOTHE aims continuously for improved structure, consistency and equity in management processes across all activities to allow organisational sustainability and growth towards the association's achievement of aims.

ENOTHE
European Network of Occupational Therapy in Higher Education

Bank Balance at the beginning of financial year:		
289,371.69 €		
Proposed Budget (1aug26 - 31jul27)		
Income	**Budget Line**	**Expense**
0.00 €	Membership Fees 2026	0.00 €
58,000.00 €	Membership Fees 2027	0.00 €
58,000.00 €	**Sub-total of Membership Fees**	**0.00 €**
0.00 €	ENOTHE Strategy 2026-2030 development project	500.00 €
0.00 €	Action for Peace	500.00 €
100.00 €	Webinars	0.00 €
0.00 €	EMOTHE - European Magazine of Occupational Therapy in Higher Education	173.63 €
7,807.00 €	Annual Meeting 2026	43,667.16 €
88,000.00 €	Annual Meeting 2027	14,852.25 €
0.00 €	SPOTeurope	517.50 €
0.00 €	Annual Fund	4,021.61 €
95,907.00 €	**Sub-total of Stategic Aim 1: Education**	**64,232.15 €**
0.00 €	Representation	0.00 €
0.00 €	**Sub-total of Strategic Aim 2: Partnerships**	**0.00 €**
0.00 €	Governance Administration: Board meetings	7,762.50 €
0.00 €	Auditors	800.00 €
250.00 €	Advertising	0.00 €
250.00 €	Merchandising	0.00 €
22.00 €	Bank Charges / Interest	400.00 €
0.00 €	Stripe on-line Shop	3,000.00 €
0.00 €	Office Software and Equip. Maintenance	1,754.70 €
0.00 €	Coordinator + Finance Administration Contract	39,600.00 €
522.00 €	**Sub-total of Stategic Aim 3: Sustainable Network**	**53,317.20 €**
0.00 €	ENOTHE yearly contribution to OT Europe	400.00 €
0.00 €	**Sub-total of Stategic Aim 4: OT Europe Umbrella**	**400.00 €**
0.00 €	Refunds	0.00 €
0.00 €	**Sub-total of Refunds**	**0.00 €**
154,429.00 €	***Total***	**117,949.35 €**
	Variation (income - expense)	
	36,479.65 €	
Bank Balance at the end of financial year:		
325,851.34 €		

ENOTHE
European Network of Occupational Therapy in Higher Education

ENOTHE Mission, Vision, Values Proposal

After the initial co-construction which started in 2024, at the ENOTHE Representatives Meeting, on 12 and 13 May 2026, members collectively created and agreed on a final version of the Mission, Vision, and Values. This final version was to be taken to official voting at the October 2026 General Assembly.

This version is also the base on which the Draft "ENOTHE 2026-2030 Strategic Plan" is being developed collectively with members, current and past Board members.

Find the collectively agreed final version of the Mission, Vision and Values, proposed for voting at the October 2026 General Assembly, below:

Mission	ENOTHE's mission is to be the leading voice in occupational therapy education across Europe by creating partnerships, advocating for, and supporting transformative education. ENOTHE aims to develop future occupational therapy professionals by providing a supportive and nurturing community, diverse alliances of educational programmes, meaningful collaboration, and a place to belong for all.

Voting: Approve/Do Not Approve/Abstain

Vision	ENOTHE promotes inclusive and sustainable occupational therapy education at all academic levels, shaping adaptive, globally minded professionals in an ever-changing and diverse world.

Voting: Approve/Do Not Approve/Abstain

Values	We create an environment where the contributions of all members are recognised, valued, and taken into consideration equitably. We act with transparency, accountability, and respect in every decision and interaction. We foster independence, a shared voice, and informed decision-making among educators, students, and partners.

Voting: Approve/Do Not Approve/Abstain

Report Auditors 2026 for ENOTHE Board and Members of ENOTHE

The role of the auditor is to control the on-going business and the transactions of the association and audit the financial dealing of the association, in respect of proper accounting and usage of funds in accordance with the statutes.

Several online meetings have been held between the last General Assembly in 2025 and now.

- Three Online-meetings and additional exchange via email between Saskia Buschner and Christine Spevak-Grossi
- Three Online meetings in February, June and September with Jasu Forss, Elena Gliki, Marta Figueiredo, Saskia Buschner and Christine Spevak-Grossi
- We received regular additional financial papers via an online-sharepoint and the documents that relate to the budget 2025/2026 and 2026/2027.

Topics:

- Summary and reflection
- Auditor Assignment
- Recommendations
- Conclusion

Summary and reflection

Based on the meetings with Marta Figueiredo and members of the Board Jasu Forss and Elena Gliki, the evaluation of the financial documents and the documents that relate to the finance budget 2025 to 2027, some advice and conclusions can be given to the Board:

Regarding finance documents:

All finance documents were coherent. The sharing point was used reliably. At the end of each month, the bank balance files have been uploaded. The auditors have then checked the transactions. As in recent years, the trimester analysis has contributed to transparent and timely monitoring of finances. Many thanks to Marta Figueiredo for providing clear financial documents and answering the auditors' questions and comments promptly and comprehensively.

Regarding the proposed budget of 2026/27:

The proposed budget was presented in a very clear and understandable way. Questions and comments by the auditors were answered in detail in a very understandable way. The planned budget has been calculated on the base of reliable data based on previous years.

Regarding the Auditor process:

The audit process was planned and continuous. Marta Figueiredo announced and arranged all meetings well in advance. We would like to thank Marta Figueiredo and the Board for their cooperation.

Financial sustainability

According to the checked documents, the money has been wisely spent. The planned budget is realistic and inflation as well as rising expenditures have been taken into account effectively. Inputs and outputs were carefully calculated.

Transparency

We appreciate the new way of presenting the board's performance of its duties to the members in the board report.

Auditor Assignment

In accordance with the association's statutes, we were given the task of controlling the association's ongoing business and the transactions of the association and auditing the financial dealings, in respect of proper accounting and usage of funds, in accordance with the statutes.

We are now reporting to the General Assembly.

We have carried out three "monitoring checks" and have received and examined ongoing transactions and documents related to the budget. The information and evidence requested by the auditors was provided to us by the Treasurer, Jasu Forss, Elena Gliki and Marta Figueiredo.

We can conclude that both the procedure as well as the content were logical, understandable and clear.

The funds are used in accordance with the statutes.

Recommendations

We recommend continuing with careful and transparent financial planning.

Conclusion

The auditors thus apply to the annual general meeting to discharge the Treasurer.

10.09.2026

Saskia Buschner & Christine Spevak-Grossi

Student Platform for Occupational Therapy

SPOTeurope
Annual Report 2025/26

The board of SPOTeurope,

September 2026

Introduction

This year's report represents a summary of the activities of SPOTeurope from September 2025 to August 2026.

Index

1. ENOTHE 28th Annual Meeting 2025 **3**
- Student Keynote - Empowering Students: Engagement in Co-Creating the Future of Occupational Therapy Education 3
- Workshop: Developing Intercultural Competence: The Power of International Networking 3
- Student Meet & Greet 4

2. SPOTinars **4**
- SPOTinar “Making sense of Neurodiversity” 4
- SPOTinar “Agaponio Project: Age embraced” 5
- SPOTinar “Financial Literacy for Inclusion and participation” 6

3. SPOT week **7**

4. Website **8**

5. Promotion **8**

6. WFOT Congress at Bangkok Thailand **9**

7. Online organisational board meeting **10**

8. Change of board members **10**

9. SPOT World **11**
- WFOT 12

10. General **12**
- Mini SPOTs & Support Team 12
- Newsletter/Blogs 14

Plans August 2025 – August 2026 **15**
- ENOTHE Annual Meeting engagement 15
- Journal Club 15
- Strengthening connections to COTEC and ROTOS 15
- Application Erasmus+ funding for SPOTeurope 15
- New Strategy Plan 2026-2030 15

Attachments **16**

1. ENOTHE 28th Annual Meeting 2025

In October 2025, SPOTeurope was present at the 28th ENOTHE Annual Meeting, which took place in Coimbra, Portugal, from 23–25 October 2025. The Annual Meeting was hosted by the Department of Occupational Therapy of the School of Health Sciences of the Polytechnic of Leiria and focused on the theme "Occupational Therapy Education: fostering global citizenship and partnerships." The programme explored topics including human variation and diversity competence, curriculum design for social action and planetary health, and the use of technology to bridge gaps.

SPOTeurope had an active role throughout the Annual Meeting, contributing to the programme through a Student Keynote, student-focused workshops, and a Student Meet & Greet. These activities provided opportunities to represent the student perspective within Occupational Therapy education, encourage international networking, and strengthen connections between students from different European countries.

Student Keynote - Empowering Students: Engagement in Co-Creating the Future of Occupational Therapy Education

As part of the Annual Meeting programme, SPOTeurope contributed a Student Keynote entitled "Empowering Students: Engagement in Co-Creating the Future of Occupational Therapy Education." The keynote was delivered by SPOTeurope Board Member, Aleyna Kayım.

The keynote focused on the importance of meaningful student engagement in the development of Occupational Therapy education. It highlighted students not only as recipients of education, but also as active contributors who can share their perspectives, experiences, and ideas in shaping the future of the profession and its educational programmes.

Through the keynote, SPOTeurope brought the student perspective to the wider ENOTHE community and emphasised the importance of collaboration between students and educators in creating more inclusive, relevant, and future-oriented Occupational Therapy education.

Workshop: Developing Intercultural Competence: The Power of International Networking

SPOTeurope also contributed to the Annual Meeting through a student-focused workshop, designed to create an interactive space for students to engage with one another and explore topics related to internationalisation, student engagement, and the role of students within Occupational Therapy education.

The workshop encouraged active participation and discussion among students from different European countries. Through collaborative activities, participants had the opportunity to exchange perspectives, share their experiences as Occupational Therapy students, and reflect on ways in which students can become more actively involved in the development of their education and profession.

The workshop further strengthened SPOTeurope's presence at the Annual Meeting by creating a space where students were not simply attending the conference, but actively contributing to discussions and connecting with their European student community.

Student Meet & Greet

SPOTeurope also took part in the Student Meet & Greet, providing a dedicated opportunity for Occupational Therapy students attending the Annual Meeting to meet one another and connect in an informal setting.
The activity aimed to encourage students from different countries and universities to introduce themselves, exchange experiences, and create new international connections. It also provided an opportunity for SPOTeurope Board members to engage directly with students who were interested in learning more about SPOTeurope and becoming involved in its activities.
The Meet & Greet supported one of SPOTeurope's central aims of strengthening internationalisation among Occupational Therapy students by creating opportunities for peer connection beyond individual universities and countries.

2. SPOTinars

During the period from August 2025 to August 2026, the organisation of SPOTinars became a collective effort of the entire SPOTeurope Board. As the Events Coordinator role underwent changes during this period, the Board worked collaboratively to ensure the continuation of the SPOTinar programme and to avoid placing the responsibility for organising these events on a single Board member.
All SPOTinars organised during this period were therefore developed through the joint efforts of the Board, from identifying relevant topics and speakers to coordinating, promoting, and facilitating each session. Through this collaborative approach, SPOTeurope continued to provide students with opportunities to expand their knowledge, explore different areas of Occupational Therapy, and engage with professionals and experts from diverse backgrounds. The SPOTinars aimed to offer accessible and informative learning opportunities that complemented students' academic education and connected theoretical knowledge with perspectives from practice.

SPOTinar "Making sense of Neurodiversity"

In February 2026, SPOTeurope hosted a SPOTinar entitled "Making Sense of Neurodiversity: From Theory to Practice", delivered by Andiana Papachrysanthaki and Effi Paraskevopoulou from Thallo Minds. The SPOTinar took place on 19 February 2026 and was attended by approximately 40 participants.
The session introduced students to the concept of neurodiversity, providing both a theoretical foundation and practical perspectives on understanding and supporting neurodivergent individuals. Participants were first invited to reflect on and define neurodiversity themselves, before being introduced to the concept as the naturally occurring variation in human brains and neurocognitive functioning. The speakers also explored the concept of biodiversity as an analogy, highlighting how variation and diversity can contribute to resilience and development rather than being viewed as something that needs to be eliminated.
A significant part of the SPOTinar focused on terminology and identity, helping participants understand the differences between neurodivergent, neurotypical, and neurodiverse. The speakers explained how these terms are used and how neurodivergence can influence the way individuals experience and interact with the world around them. The session also addressed the distinction between neurodivergence and disability,

encouraging students to consider these concepts from different perspectives rather than treating them as interchangeable.

Following the theoretical part, the speakers moved from theory to practice, providing students with practical ideas and considerations for supporting neurodivergent people. Different perspectives were presented regarding the challenges neurodivergent individuals may experience, as well as ways professionals can adapt their approaches and create more supportive environments. The discussion encouraged participants to think beyond diagnosis and consider the individual's identity, experiences, needs, and way of interacting with their environment.

The SPOTinar was highly informative and engaging, offering students the opportunity to develop a deeper understanding of neurodiversity while connecting theoretical concepts with practical considerations relevant to Occupational Therapy. The combination of theoretical knowledge, different perspectives, and practical examples made the session particularly valuable for students seeking to better understand neurodivergence and how it can be approached within practice.

SPOTinar "Agaponio Project: Age embraced"

In June 2026, SPOTeurope hosted a SPOTinar entitled "Agaponia Project • Age, Embraced", led by Maro Pétli, actress, dancer and theatre studies specialist, and Foteini Tentolouri, actress, economist and founder of the brand IYOUNOW, who are the founders of the Agaponia Project. The SPOTinar took place on 19 June 2026 and was attended by 15 students.

The session focused on the importance of playfulness, creativity, self-expression, and human connection throughout life, with particular emphasis on older age. The speakers challenged the idea that play is something reserved for childhood, highlighting instead that play is a lifelong human need and an important way of remaining active, connected, and engaged with life. They also emphasised that older people should not be viewed as passive individuals, but as people who continue to have dreams, desires, potential, and opportunities for growth.

A central message of the session was expressed through the phrase "If you are not playful, you are not alive." Participants explored the importance of creating spaces where everyone, regardless of age, can express themselves, experience joy, and feel accepted. The speakers also discussed the meaning behind the Agaponia Project, connecting the concept of agapi (love) with the idea of being loved, cared for, and given space to be oneself.

The SPOTinar had a strong experiential component and introduced participants to the use of drama games as a way of developing communication, trust, self-expression, and connection. Through movement, voice, and creative activities, participants were encouraged to interact beyond words and become more aware of how they communicate and connect with others. Particular attention was given to non-verbal communication, with movement, posture, and gesture being used to explore emotions, ideas, and personal experiences.

One of the activities involved a kinesthetic exploration exercise, during which participants closed their eyes and imagined a person or something they deeply loved. They were then invited to associate this with different sensory experiences, such as a colour, smell, taste, or texture, and subsequently express these associations through movement. The exercise demonstrated how emotions and memories can be communicated through the body even when they cannot easily be expressed through words.

Another activity focused on storytelling through the body. Participants shared personal stories involving flirtation, romantic encounters, or meaningful moments of attraction. Drawing on these stories, Maro and Foteini created physical representations or "body sculptures" inspired by the narratives. Participants were then invited to recreate and embody these images through movement. This allowed personal memories to become tangible and provided an opportunity to reconnect with the emotions, sensations, and meanings associated with significant experiences.

The session also highlighted the importance of embracing mistakes. Rather than viewing mistakes as failures, participants were encouraged to consider unexpected outcomes as opportunities for learning, discovery, creativity, and self-awareness. This perspective reinforced the wider message of the session: that people should be given the freedom to explore, experiment, play, and express themselves without fear of being judged.

Overall, the SPOTinar offered students a different perspective on ageing, moving beyond a focus on limitations and instead highlighting vitality, creativity, relationships, and continued personal development throughout the lifespan. Through drama, movement, storytelling, and play, participants experienced how creative expression can foster connection and help people of all ages feel seen, heard, and understood.

SPOTinar "Financial Literacy for Inclusion and participation"

As part of SPOTweek 2026, SPOTeurope hosted a SPOTinar entitled "Financial Literacy for Inclusion and Participation" on 7 July 2026, during the second day of SPOTweek. The session was led by Bruno Vieira de Melo and was attended by 9 students.

The SPOTinar explored the importance of financial literacy as an essential life skill and a key competence for social inclusion, active citizenship, and equal participation in society. The session highlighted how access to financial knowledge can empower individuals to make informed decisions, increase their independence, reduce financial vulnerability, and create greater opportunities for participation in education, employment, entrepreneurship, and wider social life.

The session introduced students to fundamental aspects of personal financial management, including budgeting, saving, responsible borrowing, financial planning, and recognising financial risks. Participants explored how developing these skills can support individuals in building long-term financial security, preparing for unexpected situations, and working towards their personal goals.

Particular attention was given to the concept of financial inclusion. The speakers emphasised that financial education and access to financial knowledge should be available to everyone, regardless of age, background, or socioeconomic status. Financial inclusion was presented not only as access to financial services, but also as having the knowledge and confidence necessary to use these resources effectively and participate fully in society.

The session also highlighted that financial confidence is as important as financial knowledge. By developing confidence in making financial decisions, individuals can become more independent and better equipped to navigate everyday challenges and opportunities.

Overall, the SPOTinar provided students with an opportunity to explore an aspect of participation that is often overlooked within discussions of inclusion. It highlighted how financial literacy can contribute to independence, equality, social participation, and meaningful engagement in everyday life, making it

particularly relevant to the broader occupational therapy perspective on enabling participation and supporting individuals to live the lives they value.

3. SPOT week

The annual SPOTweek took place from 6–10 July 2026, with each day dedicated to a different activity designed to promote SPOTeurope, strengthen connections within the community, share knowledge, and create opportunities for students to engage with one another across Europe. This year's programme brought together different parts of the SPOTeurope community, with contributions from the Board, the Support Team, and MiniSPOTs.

The week began with a Blog Post Special Edition, which gave five MiniSPOTs the opportunity to share their experiences of leading a local student organisation. Each MiniSPOT answered three questions: one fun, one practical, and one inspirational. The questions invited them to creatively describe their MiniSPOT, reflect on successful ways of engaging local students with European OT connections, and consider how their experience has influenced their view of the future of Occupational Therapy in Europe. This activity offered the wider SPOT community an insight into the experiences, challenges, and achievements of student-led OT organisations across different countries.

On the second day, 7 July, a SPOTinar entitled "Financial Literacy for Inclusion and Participation" was hosted by Bruno Vieira de Melo. The session explored financial literacy as an important competence for independence, social inclusion, and active participation in society. Students had the opportunity to consider how financial knowledge and confidence can influence everyday decision-making and participation. Further details of this SPOTinar can be found in the SPOTinars chapter.

The third day was dedicated to a Support Team creative activity entitled "What does Occupational Therapy mean to you?". The activity invited members of the SPOT community to respond creatively to this question through drawings, paintings, poems, collages, photography, digital artwork, or any other form of artistic expression. The initiative aimed to bring together the diverse voices and perspectives within the community and to highlight the different values, experiences, emotions, and personal meanings that students and members associate with Occupational Therapy. By emphasising that there were no right or wrong answers, the activity created an inclusive space for individual expression and celebrated the diversity of perspectives within the profession.

On the fourth day, the SPOTeurope Board came together in a video created specifically for SPOTweek. Through the video, Board members introduced themselves and connected with the wider SPOTeurope community in a more personal and informal way. The initiative aimed to help students and followers get to know the people behind SPOTeurope, strengthen the relationship between the Board and the community, and make the organisation more approachable and connected to its audience.

The final day focused on the MiniSPOT Spotlight & Reflection Exchange, a dedicated online meet & greet bringing MiniSPOTs from across Europe together. Each participating MiniSPOT had the opportunity to introduce their organisation, share one initiative they had implemented or were planning to implement, and discuss a current challenge they were facing. Following these presentations, participants took part in a collaborative reflection activity, identifying practices they found inspiring in other MiniSPOTs and considering how these ideas could be adapted to their own contexts. The session created a space for mutual

learning, exchange, and future collaboration between student organisations from different European countries.
Through the five-day programme, SPOTweek 2026 brought together different dimensions of SPOTeurope's work: knowledge sharing, creativity, student representation, community building, and international collaboration. By involving the Board, Support Team, and MiniSPOTs, the week provided opportunities for different members of the community to actively contribute and connect with one another. Ultimately, SPOTweek continued to serve as a celebration of SPOTeurope's mission to bring Occupational Therapy students together across borders, encourage student-led initiatives, and build a strong and connected European OT student community.

4. Website

Following the Christmas period, the SPOTeurope website experienced significant technical difficulties and became temporarily unavailable due to a malware infection. Restoring the website required considerable effort, time, and collaboration with technical specialists. After extensive work, we successfully recovered the website and brought it back online in July 2026.
Alongside its restoration, the website underwent several changes and improvements aimed at making it more accessible, user-friendly, and easier to navigate. The renewed website provides a more efficient experience for visitors while continuing to serve as an important platform for sharing information, resources, activities, and opportunities within the SPOTeurope community.
Since its return, we have continued to support, maintain, and regularly update the website, with ongoing improvements to ensure that it remains functional, accessible, and responsive to the needs of our community.

5. Promotion

Whenever the opportunity presents itself, SPOTeurope actively promotes its work to Occupational Therapy students and educators across Europe, introducing them to our network, our initiatives, and the opportunities available through SPOT. During the 2025–2026 period, promotion became one of the most active areas of our work, with SPOTeurope reaching students and universities across several European countries, both in person and online.
Throughout the year, SPOTeurope was promoted in Germany, Malta, Spain, Greece, and Türkiye, through presentations, student meetings, congresses, and online sessions. We were also invited by student and educational communities to give online presentations about SPOTeurope, explaining how our network works, how students can become involved, and how they can establish or participate in a local MiniSPOT. These opportunities allowed us to connect directly with students who were interested in internationalisation, student representation, and becoming more actively involved in the Occupational Therapy community beyond their own universities.
One of the most exciting outcomes of these promotional efforts was the creation of four new MiniSPOTs during the year. We are extremely proud and enthusiastic about this growth, as each new MiniSPOT

represents a new group of students taking initiative within their local context and becoming part of the wider SPOTeurope community. The strong interest and participation we encountered throughout the year also demonstrated a clear willingness among students to continue developing SPOT and to become more actively involved in its activities.

Our online promotion also reached new levels during this period. According to our social media statistics, 2025–2026 was our strongest year to date in terms of reach and views, with the highest number of views recorded since SPOTeurope began tracking these statistics. Our social media channels were active on an almost daily basis, with regular posts, announcements, opportunities, and updates keeping our community connected and informed.

As part of this development, we also made several changes to the visual identity and communication strategy of our social media. We introduced stronger and more vibrant colours to make our content more recognisable and visually engaging, while also adapting the design of our posts to better capture students' attention. Beyond the visual changes, we also reconsidered how we promote our recurring content, including our blog posts, newsletters, vacancies, opportunities, and other SPOTeurope updates. These changes helped us communicate our activities in a more consistent, accessible, and engaging way.

Overall, the promotional activities of 2025–2026 significantly strengthened SPOTeurope's visibility and reach. From in-person and online presentations to the establishment of new MiniSPOTs and our strongest social media presence to date, this year demonstrated the growing interest in connecting Occupational Therapy students across Europe. We are especially proud of the enthusiasm shown by students and communities who reached out to us, invited us to present SPOTeurope, and expressed their willingness to become part of our network. This momentum motivates us to continue expanding our reach and creating more opportunities for students to connect, collaborate, and actively shape the future of Occupational Therapy.

6. WFOT Congress at Bangkok Thailand

The 19th World Federation of Occupational Therapists (WFOT) Congress took place from 9–12 February 2026 in Bangkok, Thailand, under the theme "Inspiring Change, Innovating Futures." The Congress brought together more than 2,400 delegates from 96 countries, including occupational therapists, researchers, educators, clinicians, students, and other professionals from across the global Occupational Therapy community.

SPOTeurope was honoured to be represented at this important international event by our President, Kira Hanbamann. Her participation provided an opportunity to bring the student perspective into a global professional setting and to highlight the importance of giving students an active voice and a place within international Occupational Therapy events.

A central point of her contribution was the importance of student participation in professional and scientific conferences. Education is a fundamental part of the development of an Occupational Therapist's professional identity, and students should therefore have opportunities to engage with the wider profession, exchange perspectives, and contribute to conversations shaping its future. Creating space for students alongside experienced clinicians, educators, researchers, and other professionals strengthens the connection

between education, research, and practice, while allowing the next generation of Occupational Therapists to become active contributors to the profession from an early stage.
The Congress offered an inspiring opportunity to listen to leading voices in Occupational Therapy, learn from internationally recognised researchers and clinicians, and explore diverse perspectives on the development of the profession. With its broad international representation and rich scientific and professional programme, the event provided valuable insights into current developments in Occupational Therapy education, research, and practice.
We are very grateful to have had the opportunity to participate in such an important global event and to establish a connection between SPOTeurope and WFOT. Being present in Bangkok allowed us to experience the international Occupational Therapy community from a different perspective, exchange ideas, and gain knowledge that we can bring back to our student community. We hope that this connection will continue to grow and create further opportunities for students to be represented, heard, and involved in the future of Occupational Therapy.

7. Online organisational board meeting

In 2026, due to budget limitations, SPOTeurope was unable to organise its annual Face-to-Face (F2F) Board meeting. Instead, the Board organised an intensive online meeting, providing dedicated time for brainstorming, reflection, and strategic discussions. The meeting focused on the progress of SPOTeurope in relation to its annual goals and long-term strategy, as well as on strengthening the connection with MiniSPOTs, improving community involvement, and discussing future activities and collaborations. The Board also discussed the planning of SPOTweek 2026, upcoming events, website and social media development, international collaborations, and the distribution of responsibilities within the Board.
Additionally, the Board explored the development of a new SPOTeurope podcast as a future communication and community-building initiative. Different recording and editing applications were tested and compared, considering both their functionality and financial requirements. Following this initial preparation, the podcast is planned to be developed and launched in 2027.
This meeting provided an important opportunity for the Board to reconnect, exchange ideas, reflect on the organisation's direction, and work together towards the future development of SPOTeurope.

8. Change of board members

Several changes took place within the SPOTeurope Board during the 2025–2026 period, mainly due to a large number of Board members graduating at around the same time. This created a significant transition period, during which recruiting and retaining new Board members proved challenging. Some students joined the Board but later stepped down, as they found it difficult to balance the responsibilities of their role with their studies and other commitments, while others found the workload and expectations of being an active Board member more demanding than anticipated.

Despite these challenges, we are proud to have built a Board that is currently stable, well-functioning, and strongly committed to the work of SPOTeurope. The current Board has established effective working dynamics and continues to collaborate successfully across different roles and responsibilities.
At the end of the 2025–2026 period, the Social Media Lead position remained open. During the upcoming year, we will place greater emphasis on promoting this position and reaching out to students in order to find a suitable candidate who can contribute to the continued development of SPOTeurope's online presence.
The current Board is as follows:

- *Katerina Tsanaktsi– President*
- *Angela Lumpert Palacios – Student Board Member ENOTHE*
- *Katia Pappa – Outreach Coordinator*
- *Ainoa Ferrer Mateo – Blogger*
- *Margarida Magalhaes – Events Coordinator*
- *Matilbe Martinho – General Board Member*

9. SPOT World

SPOT Rwanda

Following the establishment of SPOT Rwanda in April 2025 as the first MiniSPOT in Africa, this year marked an important step in strengthening its connection with SPOTeurope and the wider SPOT World community. SPOT Rwanda showed active participation throughout the year and developed initiatives that connected Occupational Therapy students and professionals across different countries and continents.
One of their main initiatives was a campaign focusing on occupational balance, developed in collaboration with SPOTeurope, several MiniSPOTs, the Rwandan Occupational Therapy Association, and the Rwandan organisation representing people with disabilities. The campaign explored the relationship between our everyday routines, occupations, and health, highlighting how the way we organise and balance our daily activities can influence our overall well-being.
As part of the campaign, Occupational Therapists from both Africa and Europe contributed through videos and talks, sharing their perspectives on why occupational balance is important and how we can give greater value to balance within our everyday lives. The discussions highlighted the need to find a balance between activities of daily living, instrumental activities of daily living, work, rest, leisure, social participation, and meaningful activities that bring us joy and fulfilment.
The campaign also emphasised that occupational balance does not mean having a perfectly equal amount of time for every occupation. Rather, it involves finding a sustainable balance that allows individuals to meet their responsibilities while maintaining their health, energy, values, meaningful relationships, and engagement in activities that are important to them. Although achieving this balance is not always easy or possible, the campaign encouraged participants to reflect on their own routines and explore ways of making their daily lives healthier, more meaningful, and sustainable.

Through this initiative, SPOT Rwanda demonstrated the value of international collaboration and the potential of SPOT World to connect students and professionals beyond geographical borders. We are particularly proud of the active role SPOT Rwanda has taken within the SPOT community and look forward to continuing to strengthen these connections between students across Africa, Europe, and beyond.

WFOT

Following SPOTeurope's participation in the 19th WFOT Congress in Bangkok, Thailand, an opportunity arose to strengthen our connection with the World Federation of Occupational Therapists (WFOT) and explore further collaboration. One of the areas discussed was the possibility for SPOTeurope to become actively involved in the OTION Student Forum, part of the Occupational Therapy International Online Network created by WFOT.

OTION provides an international online space where Occupational Therapy students and professionals from around the world can connect, exchange ideas, share experiences, and communicate with the wider Occupational Therapy community. The dedicated Student Forum provides an especially valuable space for students to ask questions, discuss challenges, exchange experiences from different educational and cultural contexts, and connect with peers internationally.

For SPOTeurope, becoming involved in this space represents an important opportunity to further support the student voice within the global Occupational Therapy community. Students often have questions about their education, clinical placements, international opportunities, research, or the profession in different countries, but may not always have a direct connection to an international community where these questions can be shared. Through the OTION Student Forum, students can learn from one another while gaining access to a broader global perspective.

SPOTeurope's involvement would also allow us to act as a bridge between students and the wider international Occupational Therapy community, encouraging discussion, facilitating connections, and helping students find relevant information and opportunities. We see this collaboration as an important step towards strengthening student participation at a global level and ensuring that students have a visible and active place within the international Occupational Therapy community.

10. General

Mini SPOTs & Support Team

During the 2025–2026 period, SPOTeurope continued to focus on strengthening and expanding its MiniSPOT network, while placing greater emphasis on supporting existing MiniSPOTs and encouraging them to remain active within the SPOTeurope community. Three new MiniSPOTs were established during the year: MiniSPOT Biruni in Türkiye, MiniSPOT DUTH in Greece, and MiniSPOT CUT in Cyprus. We

are very happy to see the SPOTeurope network continuing to grow across Europe and to welcome new groups of students into our community.
An important development this year was the revision of the MiniSPOT Guide, which provides students with clearer information and guidance on how to establish and develop a MiniSPOT. We also introduced the idea of a formal agreement between SPOTeurope and each newly established MiniSPOT, creating a clearer commitment and shared understanding of responsibilities on both sides. This aims to support the long-term sustainability of MiniSPOTs, encourage continued activity, and reduce the number of groups becoming inactive after their initial establishment.
The "Let's Be Active" initiative was also continued, providing MiniSPOTs with opportunities to connect, collaborate, and share their experiences with one another. Several MiniSPOTs participated in joint activities and presentations, including collaborations between SPOT Rwanda and miniSPOT UoWM, miniSPOT UNIWA and miniSPOT EUC, miniSPOT IZTU and miniSPOT ZHAW. These activities created a valuable opportunity for students to learn how other MiniSPOTs operate, exchange ideas, and discover different ways of engaging Occupational Therapy students within their local communities.
The MiniSPOT Gathering also continued throughout the year, with several MiniSPOTs joining the meetings and actively communicating with one another. These gatherings provided a space for groups to share updates, discuss challenges, exchange ideas, and maintain their connection with SPOTeurope. However, increasing and sustaining participation remains an important goal for the coming year, as we aim to ensure that MiniSPOTs feel more connected to the wider network and take a more active role in SPOTeurope activities. To support this goal, a dedicated Padlet was created where MiniSPOTs can provide monthly updates about their activities and share photographs and other relevant information. This allows SPOTeurope to maintain a clearer overview of what is happening within each MiniSPOT, identify where groups may need support, celebrate their achievements, and improve communication between the Board and the wider MiniSPOT network.
Together, these developments reflect SPOTeurope's ongoing effort to move beyond simply creating MiniSPOTs and towards building a strong, active, and sustainable network. By providing clearer structures, encouraging collaboration, and maintaining regular communication, we hope to support MiniSPOTs in becoming an active and lasting part of the SPOTeurope community.

The SPOTeurope Support Team has been particularly active throughout the 2025–2026 period. The team currently consists of six active and motivated members, who have shown great commitment and willingness to support the Board and contribute to SPOTeurope's activities.
Throughout the year, the collaboration between the Board and the Support Team has been very positive, with members actively offering their ideas, taking on tasks, and supporting different projects and initiatives. We are very pleased with the strong motivation within the team and with the willingness of its members to contribute to the development of SPOTeurope.
There has also been significant interest from students in joining the Support Team, which reflects the growing engagement with SPOTeurope and the opportunities it provides for students to become involved. We are very happy with the team's progress and will continue to support its development, strengthen collaboration, and encourage more students to take an active role within the SPOTeurope community.

Newsletter/Blogs

Spreading knowledge and promoting awareness of OT related topics have long since been integral parts of our efforts, expressed through our newsletters and blogs. These platforms serve to share insights, information and raise awareness of issues of importance to both our members and the wider SPOT community.

In 2025/26, we had two publications of the SPOT newsletter, fulfilling the set aim of publishing twice per year to update the SPOT community on recent SPOT activities. The most recent Newsletter published in July 2026, was sent to the SPOT community with emails and Linktree.

Our blog section remained active throughout the year with monthly posts. The focus of the blog content this year was on student experiences, ENOTHE congress, New model of Occupation Wholeness and awareness on OTs perspectives.

Plans August 2025 – August 2026

ENOTHE Annual Meeting engagement

SPOTeurope will be active at the ENOTHE Annual Meeting in Toulouse in October 2026. Five board members will attend: the President, Student Board Member, General Board Member, and Blogger. Angela Lumpert Palacios will deliver the Student Keynote Speech. SPOTeurope will also host a student Meet & Greet, a student workshop, a students Voices meeting and present a SPOT Pitch.

Journal Club

SPOTeurope aims to regularly offer a Journal Club as an addition to the SPOTinars. A collaboration with ROTOS has started and SPOTeurope officially is starting the Journal Club as Dialogue Sessions in October 2026.

Strengthening connections to COTEC and ROTOS

SPOTeurope has aimed to establish connections with COTEC and ROTOS and, together with its link to ENOTHE, to find a place within the OT Europe umbrella. At the 1st OT Europe Congress in Krakow in 2024, SPOT board members had the opportunity to meet with representatives from both COTEC and ROTOS. As a first step, the collaboration with ROTOS has started and in a few days it will be posted on both websites.

Application Erasmus+ funding for SPOTeurope

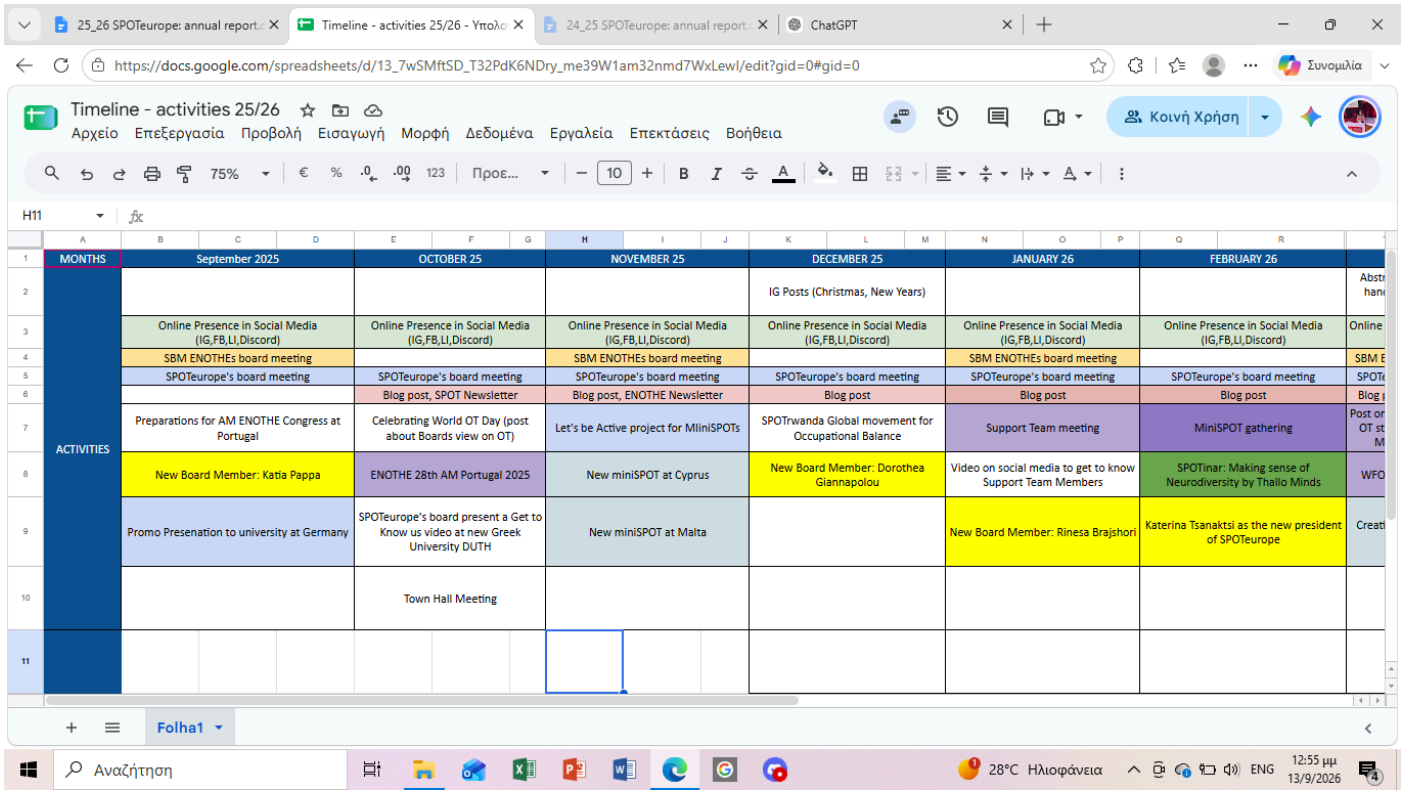
SPOTeurope aims to apply for Erasmus+ funding at the end of 2026 to secure additional financial support. A project plan will be developed and handed in.

New Strategy Plan 2026-2030

SPOT's long-term goal is to become financially independent of ENOTHE, and finding a place within OT Europe. Furthermore, there are plans for creating a first SPOTeurope constitution that aims to help new students find their way in the SPOTeurope board and SPOT structures, and support the SPOT World project. Enhancing collaboration with miniSPOTs will also be a key focus for the future of SPOT.

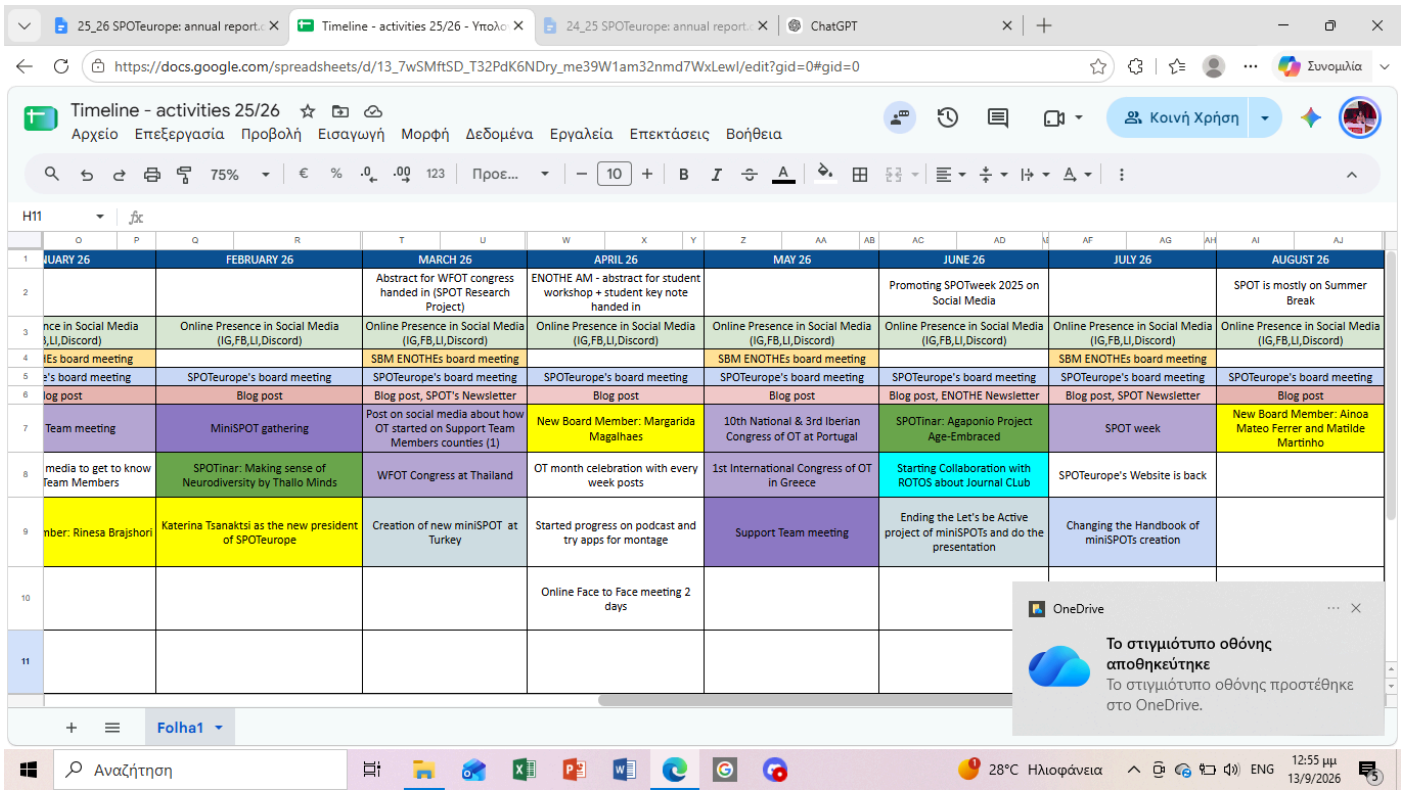
Attachments

- Timeline of SPOTeurope activities 25/26



Timeline - activities 25/26

MONTHS	September 2025	OCTOBER 25	NOVEMBER 25	DECEMBER 25	JANUARY 26	FEBRUARY 26
ACTIVITIES				IG Posts (Christmas, New Years)		
	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)
	SBM ENOTHEs board meeting		SBM ENOTHEs board meeting		SBM ENOTHEs board meeting	
	SPOTeurope's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting
		Blog post, SPOT Newsletter	Blog post, ENOTHE Newsletter	Blog post	Blog post	Blog post
	Preparations for AM ENOTHE Congress at Portugal	Celebrating World OT Day (post about Boards view on OT)	Let's be Active project for MIiniSPOTs	SPOTrwanda Global movement for Occupational Balance	Support Team meeting	MiniSPOT gathering
	New Board Member: Katia Pappa	ENOTHE 28th AM Portugal 2025	New miniSPOT at Cyprus	New Board Member: Dorothea Giannapolou	Video on social media to get to know Support Team Members	SPOTinar: Making sense of Neurodiversity by Thallo Minds
	Promo Presenation to university at Germany	SPOTeurope's board present a Get to Know us video at new Greek University DUTH	New miniSPOT at Malta		New Board Member: Rinesa Brajshori	Katerina Tsanaktsi as the new president of SPOTeurope
		Town Hall Meeting				



Timeline - activities 25/26

	JANUARY 26	FEBRUARY 26	MARCH 26	APRIL 26	MAY 26	JUNE 26	JULY 26	AUGUST 26
			Abstract for WFOT congress handed in (SPOT Research Project)	ENOTHE AM - abstract for student workshop + student key note handed in		Promoting SPOTweek 2025 on Social Media		SPOT is mostly on Summer Break
	nce in Social Media),LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)	Online Presence in Social Media (IG,FB,LI,Discord)
	lEs board meeting		SBM ENOTHEs board meeting		SBM ENOTHEs board meeting		SBM ENOTHEs board meeting	
	e's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting	SPOTeurope's board meeting
	log post	Blog post	Blog post, SPOT's Newsletter	Blog post	Blog post	Blog post, ENOTHE Newsletter	Blog post, SPOT Newsletter	Blog post
	Team meeting	MiniSPOT gathering	Post on social media about how OT started on Support Team Members counties (1)	New Board Member: Margarida Magalhaes	10th National & 3rd Iberian Congress of OT at Portugal	SPOTinar: Agaponio Project Age-Embraced	SPOT week	New Board Member: Ainoa Mateo Ferrer and Matilde Martinho
	media to get to know Team Members	SPOTinar: Making sense of Neurodiversity by Thallo Minds	WFOT Congress at Thailand	OT month celebration with every week posts	1st International Congress of OT in Greece	Starting Collaboration with ROTOS about Journal CLub	SPOTeurope's Website is back	
	nber: Rinesa Brajshori	Katerina Tsanaktsi as the new president of SPOTeurope	Creation of new miniSPOT at Turkey	Started progress on podcast and try apps for montage	Support Team meeting	Ending the Let's be Active project of miniSPOTs and do the presentation	Changing the Handbook of miniSPOTs creation	
				Online Face to Face meeting 2 days				